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VOL. 29, NO. 34

SANIBEL & CAPTIVA ISLANDS, FLORIDA

FEBRUARY 18, 2022

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Quilt Show Coming To Historical Village

The Sanibel Historical Village will present a quilt show during the month of March. Some 40 quilts will be displayed throughout every building of the village.

The quilt show dates back to when Rutland House was the Sanibel Historical Museum, and it was the only building in what is now the historical village. In 1989, Rutland House went from being open one day a week to five days a week for 10 months of the year. A toy display over Christmas generated interest over the museum's potential, and a quilt show was determined to be a positive follow-up. The museum had only a few quilts in its archives at the time, but several people donated family quilts to the collection, which now numbers some 40 quilts along with a number of baby or doll-sized pieces.

"The quilts on exhibit will demonstrate the wide variety of materials and patterns



This quilt was made with pieces of velvet photos provided

used by quilt makers over time, including one quilt made from gentlemen's silk ties and another from velvet pieces with a deep fringe border," said Bonnie Frankel, historical village board member.

Information as to pattern name and time frame will be provided for each quilt, if known.

The Sanibel Historical Museum and Village is open Tuesday through Saturday from $10\ a.m.$ to $4\ p.m.$ Masks are



The quilt patterns and time frames will be noted, if available

required inside the buildings. Guided tours take place at 10:30 a.m. and 1:30 p.m. and advance reservations are not required. There is no additional fee for these tours.

The Sanibel Historical Village is located at 950 Dunlop Road (next to BIG ARTS) and there is handicap access.



There are around 40 quilts in the collection

Admission is \$10 for adults over 18; no charge for members and children. For more information, call 472-4648 during museum hours or visit www. sanibelmuseum.org.



The scientific room features the Sanibel-Captiva Shell Club's judged shell show inside The Community House photos provided

Get Ready For The Shell Festival

submitted by Linda Friedrich

Shell enthusiasts from all over the United States will soon be coming to the Sanibel Shell Festival to be a part of the longest running and most prestigious competitive shell show in

the country. This year, the 85th Sanibel Shell Festival will be held on Thursday, Friday and Saturday, March 3, 4 and 5 at The Community House. The Sanibel Community Association hosts the activities on the festival grounds and the Sanibel-Captiva Shell Club hosts the Sanibel Shell Show inside The Community House.

The Sanibel Shell Show has everything – science and beauty. Competitive scientific displays provide information



Shell creations and floral artistry will be for sale by The Community House Shell Crafters

about shells from around the world and the mollusks that create them. These exhibits may consist of a single shell or they may have multiple shells and be up to 40 feet in length. Each exhibit tells a story of its own.

The artistic division competition includes fascinating and exquisite works of art made from shells, such as floral bouquets, and the ever-popular Sailor's Valentines. The intricacy of these exhibits

is truly incredible.

An Authors' Table will feature local authors who will be on hand throughout the festival for book signings and to talk about their books with visitors. Specimen shells, jewelry, shell related items and children's books will also be for sale.

If you love shells, but don't have the time to look for them on the beach, head for the big shell tent. There you will find

continued on page 2

Community House Calendar

il Painting with Suzette is offered on select Mondays from 9:30 to 11:30 a.m. The subject for the February 21 class is the lorikeet. Cost per class is \$55 for members and \$65 for guests. All materials included. Register online at www. sanibelcommunityhouse.net or call 472-2155.

Letting Loose with Watercolor classes with Anita Force Marshall are offered on Tuesdays from 9:30 to 11 a.m. The subject for the February 22 is the calico scallop. Cost per class is \$35 for members and \$40 for guests. Limit eight students per class. Register online at www.sanibelcommunityhouse.net or call 472-2155. Watercolor rental kits are available for \$10.

The Sanibel-Captiva Rotary Arts & Craft Festival returns outdoors on Friday and Saturday, February 19 and 20 from 9 a.m. to 4 p.m. Free parking and \$5 donation to enter.

Kid's in the Kitchen is offered on the first Monday of the month from 2:30 to 4:30 p.m. and every third Sunday from 1 to 3 p.m. Cost is \$30 per class. Reservations required.

The 85th annual Sanibel Shell Festival will be held at The Community House on Thursday, Friday and Saturday, March 3, 4 and 5. Hours are 9 a.m. to 4 p.m. There will be judged scientific and artistic division

exhibitions, book signings, shell crafts and raffle prizes. A \$5 donation includes a bag of local shells.

A Lowcountry Boil community social will be held on Tuesday, March 8 with indoor dining at 6 p.m. and takeout from 5 to 6 p.m. Cost is \$25 for members and \$30 for guests; dessert if \$5 extra. Reserve ahead at www. sanibelcommunityhouse.net or call 472-2155

Shellcrafters are on site every Monday from 9 a.m. to 1 p.m. A shell crafting class is offered at 10 a.m. There is no charge to attend the class; supplies range from \$3 to \$5.

Aerobics with Mahnaz Bassiri is offered in two sessions on Monday, Wednesday and Friday; 9 to 10 a.m. and 10:30 to 11:30 a.m. Bring your own weights (optional). Cost per class is \$5 for members and \$10 for guests.

Line dancing is offered on Tuesdays from 1 to 2 p.m. Cost per class is \$5 for members and \$10 for guests.

Social Bridge is in play on Tuesdays

from 12:30 to 3 p.m. Cost is \$5.
Painting with Friends is held on Wednesdays from 1 to 4 p.m. Bring a work in progress and your own supplies. Cost per class is \$10.

Chair stretching exercises with Mahnaz Bassiri are offered on Thursdays from 1 to 2 p.m. Cost per class is \$5 for members and \$10 for guests.

The Sanibel Hearts Club meets on Fridays at 1 p.m. Play the card game Hearts. For beginners to experts, all are welcome. Cost is \$5.

Sanibel-Captiva Art League is exhibiting works by artists Marcy Calkins and Stan Timson for the month of February. The exhibit can be viewed from 9 a.m. to 3 p.m. Monday through Friday or virtually at www. sanibelcommunityhouse.net.

The Community House is looking for sponsorships for Line Dancing classes taught by Marie DiRosa in the amount of \$200 per month and for Aerobics with Mahnaz Bassiri in the amount of \$1,500 (or a portion thereof for the weekly classes offered). Contact Allison at office@sanibelcommunityhouse.net if you are interested in sponsoring either

of these programs.

Shell Critter Kits to Go are available for purchase or to ship. Choose four out of 13 critters to assemble. Cost is \$20 per kit; shipping is \$8 additional.

Art Kits to Go are also available for purchase or to ship. There are eight different postcards to color and Zentangle. Marker and educational video link included. Cost is \$20 per kit; shipping is \$8 additional.

The Community House is located at 2173 Periwinkle Way. Visit www. sanibelcommunityhouse.net or call 472-2155. CDC guidelines are being

followed.☆

From page 1

Shell Festival

thousands of shells for sale, and prices start at 25 cents. Large, impressive shells and fossils are also for sale.

Next door to the shell tent, the Sanibel Shell Crafters can be found selling shell jewelry, mirrors, flower arrangements and "shell critters." The crafters meet every Monday at The Community House throughout the year to make the objects that are sold at the festival.

The live tank area is where the sixth graders of The Sanibel School shine. Prior to the Sanibel Shell Festival, the students study about shells and mollusks. If they pass the course test, students have the opportunity to share their knowledge with visitors while they view multiple aquariums containing

live mollusks.

There is no entrance fee to the shell festival grounds, but a \$5 donation is requested to attend the inside shell show. Festival hours are 9 a.m. to 4 p.m. each day. Safety protocols will be in place. Masks are suggested on the festival grounds. All attendees must wear masks while inside the shell show.

Proceeds from activities on the festival grounds are used for maintenance of The Community House. The Sanibel-Captiva Shell Club awards grants from the proceeds of its annual show. Grants are given towards education and research in the fields of conchology and malacology, as well as for conservation and water quality projects, primarily in Southwest Florida.

The Community House is located at 2173 Periwinkle Way on Sanibel. For more information, call 472-2155.☆





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Church Services Jazzed Up For Mardi Gras

anibel Congregational United Church of Christ will hold two services in the spirit of Mardi Gras on the last Sunday before the Lenten season, February 27. The services will be held at 9 and 11 a.m. and will feature members of Island Jazz as well as balloons and Mardi Gras beads.

"Year after year, this is one of our most popular services," said Senior Pastor John Danner. "I think this year more than ever, folks need the uplift that it can provide." In many parts of the world, the days or weeks before Ash Wednesday, the start of Lent, are observed as festive times, most notably in New Orleans where Mardi Gras (Fat Tuesday) is marked by parades and parties. This year, Ash Wednesday falls on March 2. The church will mark that important day with a worship service complete with ashes. But before the days of fasting, the feasting and celebration of Mardi Gras.

Featured instrumentalists this year will be Marc Gerber on trumpet, Bob McInnis on clarinet, Carol Fusaron on



Tom Cooley of Island Jazz photo provided bass and Tom Cooley on drums. The public is invited to attend either service. For more information, visit www. sanibelucc.org or call the church office at 472-0497.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way.☆

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FISH Of SanCap Helps Neighbors: A True Story

ISH of SanCap has been assisting islanders since 1982 as a neighbors helping neighbors social service organization. Over the last 40 years, the organization has grown to offer over 30 services ranging from food programs to financial assistance with rent or medical bills, educational workshops and youth programs, senior programs to prevent isolation and other support for aging-in-place.

The Helping Hands program, which provides emergency financial assistance, is one of the most critical programs offered. Through this program, islanders in crisis can request assistance with rent, utilities, medical or other essential bills.

Carmen Perez, whose name has been changed for client privacy, is a single middle-aged woman working over 50 hours per week on Sanibel. Carmen moved with her husband to Fort Myers, where he worked in construction, and she picked up work as a housekeeper. Things were looking up, or so Carmen thought.

While they didn't have disposable income, they were able to keep up with bills and feed their family. However, when things between Carmen and her husband started to become turbulent again, she reached out to FISH for help. Upon meeting with Social Services Director Nitza Lopez, Carmen said that she felt "broken," having endured many personal hardships, including an abusive relationship.

Lopez went into action, starting first with Abuse Counseling & Treatment

(ACT), a nonprofit working with families involved in domestic violence, to ensure the safety of Carmen and her children. Next, Lopez enrolled Carmen in the food pantry program to make sure there was food on the table. FISH was able to assist with rent and the first month of utilities so Carmen and her children could move out into an apartment of their own. The children now receive food backpacks weekly, and the family was able to have a bright holiday season through the holiday food baskets and adopt-a-family gift program.

Carmen is working hard at long-term self-sufficiency through education. Although she works full-time, Carmen visits FISH twice weekly to receive English to Speakers of Other Languages (ESOL) classes to improve her English skills and progress in her future career ambitions. Carmen's children receive tutoring assistance through FISH for their academics and after school care while their mother is taking her English classes. Carmen hopes to continue to enhance her education and someday work as a computer technician.

"Cases like Carmen's are challenging for so many reasons," said Lopez. "We have built a connection. I was the first person she shared her story with and we keep in touch on a regular basis. FISH is fortunate to be able to offer so many services to those in crisis. We're so grateful we can help her through life's struggles and be part of her personal and professional growth journey."

Call 472-4775 for a tour to meet the

Call 4/2-4/75 for a four to meet the staff and see, firsthand, how the agency works to better the community. FISH is the only human services organization on Sanibel and Captiva. For more information on programs and services, visit www.fishofsancap.org.

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Sanibel Historical Museum And Village

Looking Back: Capt. Leon Crumpler

This week's image depicts Capt. Leon Crumpler. He was the first

STATE OF STA

was the first and senior ferry captain for the Kinzies. Once Crumpler had talked them into buying the Best, the Kinzies decided Crumpler would have to run it. He and his wife Jeannie Clyde lived at Punta Rassa overlooking the ferry route, and later the causeway that replaced it.

Clyde Crumpler was the daughter of Sanibel farmers, the Riddles. She also ran a grocery in Punta Rassa. Their home, originally built as part of the Western Union Telegraph complex, was torn down in the early 1990s.

The Sanibel Historical Museum and Village is located at 950 Dunlop Road, next to BIG ARTS. Hours are 10 a.m. to 1 p.m. Tuesday through Saturday. Guided tours are available, based on docent availability. There is handicap access to all but one of the buildings. Admission is \$10



Capt. Leon Crumpler

photo courtesy Sanibel Historical Museum and Village

for adults over 18, no charge for members and children.

For more information, visit www.sanibelmuseum.org or call 472-4648.

Churches/Temples

BAT YAM-TEMPLE OF THE ISLANDS

Shabbat services including Torah reading Friday 7 p.m. led by Rabbi Stephen Fuchs and Cantor Murray Simon. Services at Sanibel Congregational United Church of Christ in Fellowship Hall and on Zoom. Saturday morning classes at 9:45 a.m. on Zoom. Email batyamsanibel@gmail. com for links to services and information, 2050 Periwinkle Way.

CAPTIVA CHAPEL BY THE SEA

Rev. Larry Marshall. Worship services every Sunday at 11 a.m., November 14, 2021 through April 24, 2022. Sunday services posted on the chapel's website, www.captivachapel.com and www. facebook.com/Captiva-Chapel-By-The-Sea. 11580 Chapin Lane, Captiva, 472-1646.

CHAVURAT SHALOM

(Fellowship of Peace) Friday Shabbat services led by members at 7:30 p.m. Saturday morning Jewish current events at 11 a.m. Talks by members on topics of interest Thursdays at 11 a.m. Contact ChavuratShalom@gmail.com to participate on Zoom.

FIRST CHURCH OF CHRIST, SCIENTIST Services at the Christian Science Church of Sanibel-Captiva have resumed as follows: Sunday service at 10:30 a.m., Wednesday meeting at 4:30 p.m. Reading room open on Friday, 10 a.m. to noon. 2950 West Gulf Drive, 472-8684.

SANIBEL COMMUNITY CHURCH

Sunday services at 9 a.m. and 11 a.m. in the Sanctuary. View the Sunday services via livestream at 9 a.m. or later online at www.sanibelchurch.com. Sanibel Community Church is an evangelical, non-denominational congregation, 1740 Periwinkle Way, 472-2684

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. Sunday Worship at 7:45, 9 and 11 a.m. www.sanibelucc.org, 2050 Periwinkle Wav. 472-0497.

ST. ISABEL CATHOLIC CHURCH Father Ed. Martin, Pastor. Saturday Vigil Mass at 5 p.m., Sunday Mass at 8:30 a.m. and 10:30 a.m. www.saintisabel.org, 3559 Sanibel-Captiva Road. 472-2763.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Bill Van Oss, Rector. Service schedule through April, Saturday at 5 p.m., Sunday at 8 a.m. and 10:30 a.m. The 10:30 a.m. Sunday service is also livestreamed at www.saintmichaelssanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the third Sunday of each month from December through April at Sanibel Congregational United Church of Christ. A potluck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 847-309-3926. Email changes to press@islandsun news.com or call 395-1213.



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OBITUARY

ELIZABETH ANN 'BETTY' ENGLISH 1944-2022

■lizabeth Ann "Bettu" English passed away on Sunday, February 6 at HealthPark in Fort Myers, Florida after a brief illness.

It often pacifies the heart to read that a person "passed away peacefully" but, if

you knew Betty, then you know that on that peaceful night on the coastal plain of western Florida, she did everything she could just to spend one more day with her first and only love, John.

Born in the fall of 1944, she played

second fiddle to a cherished older brother, who she often tormented and who thought she made a good tackling dummy. Growing up in the small Jersey town of Keyport in close-knit family of parents, grandparents, aunts, uncles and cousins, she gained an indubitable spirit that fostered her belief that she could do anything she put her mind to.

After meeting, falling love and marrying the love of her life, John English, they embarked on a 58-year adventure that would move them up and down the east coast more than a half dozen times, finally settling on Sanibel

Island. Along the way, she enjoyed two successful business careers by realizing that that "no" just meant "not today," that because everyone was going one way, sometimes you have to go the other and by understanding that you never, never give up!

Known to play as hard as she worked, her Christmas Eve open house parties were the stuff of legends as were the close personal bonds she had with friends and family, particularly with her cousins, which endured for decades. But her light shone brightest when it came to grandnieces and nephews and whatever assortment of their friends showed up on the doorstep at Christofer Court. Then it was time for the beach, pool, lots of laughs and her legendary Italian pie. She always played along when they would get the wait staff to sing "Happy Birthday" to her at every restaurant they ever went to, no matter the time of year. In keeping with the "pretend it's birthday" tradition and to her great surprise and delight, her 75th birthday party was held in the summer of 2019, two months before her birthday.

As much as she wanted remain here with family and friends, she's happy to be reunited in Heaven with her mother, Marion; her grandparents, Justina and Joseph; her in-laws, Mary and Roy; her brother, Dennis; and her darling dogs, so famous, they were each know by only one name, Goldie, Elvis and Chloe.

She is mourned and will be forever missed by her loving husband John,

many nieces and nephews, cousins and friends. Along with her brokenhearted nephew and business partner; Joe, his wife, Marianne, and family.

A mass of Christian burial was held on February 16 at Saint Isabel Catholic Church on Sanibel.

'We pray that the wonderful memories of Betty will sustain through our time of mourning and continue to live in our hearts, all the days of our

Book Sale In Church Courtyard

ecause of pandemic, Sanibel Congregational United Church of Christ has been unable to hold its recycled book sales, but many books continue to be donated. On Sunday, February 27, these books will be sold in the courtyard of the church from 12:15 to 2:30 p.m. The books (mostly novels) will be unsorted and will sell for \$1 each. Proceeds from the sale will be donated to local nonprofit agencies.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way across from Periwinkle Place shopping center.☆



Barb McClure with donated books

photo provided





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City Continues With Coyote Education

by Wendy McMullen

The City of Sanibel continued to discuss education on coyote cohabitation at the February meeting.

Holly Milbrandt, director of natural resources, updated city council on efforts to study the location and movement of coyotes through wildlife cameras located at Sanibel Community Park, Gulfside City Park, Pond Apple Park and Bailey Beach Park, in The Dunes Golf & Tennis Club, on Island Inn Road and on city trails.

Research so far has not indicated whether the number of coyotes is growing or declining on the island.

"We have very little information on the ways in which coyotes are using Sanibel," Milbrandt told the council.

Proposals from University of Georgia and University of Florida to track the animals through trapping, using GPS collars and sterilization, had been considered by the city previously, but costs of \$130,000 to \$180,000 were considered prohibitive.

"We had chosen to go the education route," recalled Mayor Holly Smith.

There have been documented reports of coyotes disturbing sea turtle nests and Councilman John Henshaw was concerned about other possible problems associated with the animals.

"The pictures look cute. But when will we know that it's too much? When will we know if the animals are diseased?" he asked.

The first confirmed sighting of a coyote on Sanibel occurred in February 2011, when a single coyote along the edge of a mangrove shoreline was photographed from Wildlife Drive in JN "Ding" Darling National Wildlife Refuge.

Coyotes are now considered "naturalized native" to Florida and, as such, there is no city trapping program in place. Residents who are disturbed by their presence are urged to call the non-emergency number at the Sanibel Police Department (472-3111) or email

the city department of natural resources at www.san.dnr@mysanibel.com.

More information can be obtained from the following booklets available from the Department of Natural Resources at the city offices:

A Guide To Living with Coyotes on Sanibel;

Coyote Best Management Practices; www.mysanibel.com/departments/ natural-resources/wildlife-information/ coyotes;

Eliminating Coyote Attractants; Coyote Yard Audit Checklist; Coyotes and Pet Safety; Hazing: An Intervention Technique.*

Captiva Panel Seeks Input

The Captiva Community Panel is scheduled to discuss strategic planning and future priorities at its Tuesday, March 8 meeting. Community input is requested by Tuesday, March 1 to help guide that conversation.

The discussion in March is just the beginning of the panel's work to once again plan for Captiva's future, and a more extensive survey will be conducted in the future. Responses today will help the panel consider what projects and priorities it should be setting for the years ahead

The panel's current projects, some of which are currently funded or partially funded by Lee County, include:

Wastewater: Completing the design and costs for a central sewer collection system to serve properties outside South Seas Island Resort and to connect to the City of Sanibel's wastewater treatment system currently funded by Lee County, in cooperation with Sanibel.

Stormwater: Develop a scope and cost estimate for a stormwater management plan for the Village to mitigate flooding.

Sea level rise: Initiating a vulnerability assessment and adaptation options for the bayside of Captiva (currently in transition to the Captiva Erosion Prevention District, which has the jurisdiction and authority to fund such a project).

Captiva Drive walkway: Secure design, easements and additional county funding for a walkway from the post office to

Andy Rosse Lane.

Captiva Drive shoulders: Exploring options to expand the shoulders along Captiva Drive from the Village to Blind Pass to improve bike/pedestrian safety in cooperation with Lee County Department of Transportation.

Underground utilities: Explore feasibility and scope of potential project to underground utilities on part or all of the island outside South Seas, in cooperation with LCEC.

Verizon cellular service: Encourage Verizon to pursue short- and long-term improvements to its cellular service for Captiva.

On-island ambulance: Support the Captiva Fire District in seeking county approval to provide limited emergency ambulance transport service and secure landing sites for helicopter evacuations for medical emergencies.

Land Development Code (LDC) and ordinances: Work with Lee County to enforce the existing and new LDC provisions, and adopt ordinance updates also approved by the community.

Continue to monitor and seek solutions for Blind Pass Bridge fishing, vacation rental issues, golf cart rental rules, converting from gas to electric leaf blowers and securing permanent housing for deputy sheriffs on Captiva.

Email your responses to captivacommunitypanel@gmail.com so they can be compiled for the panel to review prior to the meeting.

Resident Sought To Serve On Committee

The City of Sanibel is seeking participation from a member of the public who lives on Sanibel and walks or bikes as a primary means of commuting to work.

The committee includes citizens and local state agencies' staff responsible for bicycle and pedestrian planning for their respective agencies. The Bicycle Pedestrian Coordinating Committee (BPCC) coordinates bicycle/pedestrian planning activities among these agencies and reviews funding for bicyclists and

pedestrians in state and federal-aid transportation projects. It also advises the Metropolitan Planning Organization (MPO) board about development of the bicycle/pedestrian element of its transportation plan and makes recommendations regarding funding for bicyclist/pedestrian projects in the Florida Department of Transportation five-year work program.

Deadline for application is noon, Friday, March 4. MPO also requires an application to be completed. Visit the homepage at www.mysanibel.com to complete the application and email to scotty.kelly@mysanibel.com.

County Approves Funding For Big Carlos Pass Bridge

The Lee Board of County Commissioners voted on Tuesday to approve an agreement with the Florida Department of Transportation (FDOT) for \$25 million in federal funds to assist with construction of the Big Carlos Pass Bridge.

The replacement of the bridge is a top priority for the board. Lee County DOT began a Project Development & Environmental (PD&E) Study in 2016. As part of that process, DOT conducted numerous presentations and public meetings to review the alternatives with elected officials and other stakeholders.

The board approved the recommended 60-foot vertical clearance fixed-span bridge alternative on December 18, 2018. The fixed-span bridge is less expensive to build and maintain than a movable bridge.

The new bridge will be constructed on the gulf side of the existing bridge, which will remain open during construction. The roadway configuration will include one travel lane in each direction, bicycle lanes, a six-foot-wide sidewalk along the north side of Estero Boulevard, and a 10-foot-wide shared use path along the south side of Estero Boulevard.

Lee County Department of Transportation plans to start the construction of the Big Carlos Pass Bridge

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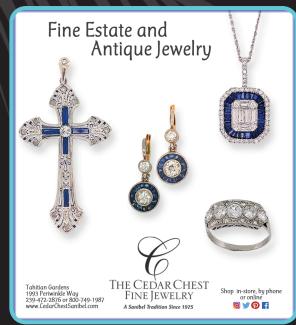


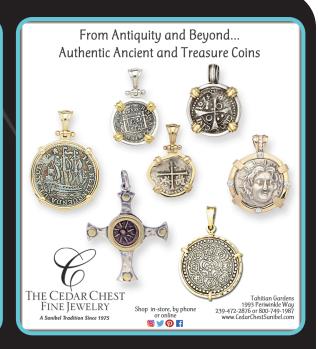
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For individual shop information: www.ShopOnSanibel.com

What's Happening **At The House MONDAYS**

10 am Shell Crafter Lesson,

Limited Seating MONDAY, FEB. 21ST

9:30 am Oil Painting w/ Suzette

MON., WED. & FRI. 9 & 10:30 am Aerobics w/ Mahnaz

TUESDAYS

9:30 am Letting Loose w/Watercolor by Anita 12:30 om Social Bridge

WEDNESDAYS 1 pm Painting w/ Friends

THURSDAYS

1 pm Chair Stretching w/ Mahnaz

FRIDAYS

1 pm Hearts Card Club

FRIDAY & SATURDAY FEB. 18TH & 19TH

9 am - 4 pm Rotary Art Fair

85TH ANNUAL **SHELL FESTIVAL** MARCH 3RD - 5TH

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The Community House SANIBEL COMMUNITY ASSOCIATION

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"To enrich community spirit through educational, cultural and social gatherings in our historic Community House." The SCA is a 501c 3 Organization.

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FISH Of SanCap Providing Food For Island Youth

ccording to a Feeding America study last year, over 26,400 **L**children in Lee County are considered food insecure; they do not have access to enough affordable and nutritious food. Increasing food costs also make it difficult for families to provide important nutrition choices that are critical to childhood success.

Fighting childhood hunger is a key focus for FISH of SanCap, particularly the FISH Backpack Program, which provides nutritious, child-friendly supplemental food and snacks for children year-round, including extra during school breaks. Through the Backpack Program, students receive nutritious, easy to prepare food on a weekly basis. All backpacks contain protein, fruits and vegetables, snacks, breakfast cereal, soup and/or a pasta meal, milk, juice and an occasional sweet treat. Organic and vegetarian choices are included as well.

Last year, FISH began a supplemental "fresh meal" add-on to the program that provides a wellbalanced meal kit that families can prepare together. This program is meant to encourage families to spend time together and relieve some stress, knowing that at least one meal a week is planned during their busy lives.



Manuela Martinez next to a week's worth of prepared backpacks for children

Each weekly fresh meal includes a child-friendly recipe and all necessary ingredients. Meal themes are planned throughout the year, which have included Asian cuisine, a Healthy Twist on American Classics, Back-to-School and plant-based meals, which adds an element of fun and variety. Not only are participating children spending quality time with family members, but they are also learning important life skills problem solving, planning, organization and cooking – that help them develop

Studies have shown that good nutrition, particularly in the early years of life, is important for establishing a good foundation for a child's future physical and mental health and academic achievement.

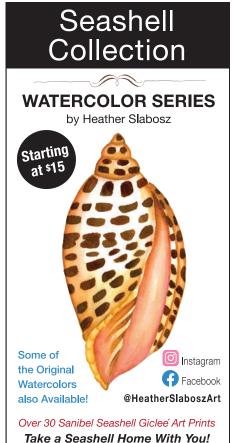
Over the last few years, we have seen a large increase in requests to participate in the Backpack Program due to the additional strain the COVID crisis put on food insecure families,' said Maria Espinoza, executive director. In 2021, FISH distributed 4,294 food backpacks to children, an increase of 118 percent over 2020.

The backpack program is available year-round to any child, grades pre-k through 12, whose family has an island connection, living or working on the islands. Due to the dramatic increase in participating families and the increased need for food, FISH has doubled the amount of food provided weekly.

"The Kiwanis Club of Sanibel and Captiva, AngelFISH Society and Community Foundation have been incredible in providing FISH with funding for the backpack program. Thanks to them, we can continue to provide additional food in the backpacks as well as the ingredients and recipe cards for a fresh, healthy and kid-friendly meal," said Espinoza.

Parents pick up the food bags at the FISH Walk-In Center, located at 2430-B Periwinkle Way, Monday through Friday between 10 a.m. and 3:45 p.m. For more information, call 472-4775.举





Sanibel Art & Frame

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by Over Easy Cafe

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Program To Highlight History Of Tarpon Bay

he Sanibel Historical Museum and Village will present the first Twilight Talk of the season on Tuesday March 15 at 7 p.m. at The Community House. Residents and visitors are

Learn about the colorful history of Tarpon Bay. From skulls found in a garden, to tarpon leaping into boats, to the menagerie at Dewey's Marina. Hear about a peg-legged man riding out

a hurricane on the roof of a fish house. The lore from this small body of water is remarkable.

A highlight of the presentation will be rare video clips of Sanibel icon, the late Esperanza Woodring, from a 1992 public broadcast show. *On the Water* host Randy Wayne White will share interviews of the legendary guide and her son in a small fishing boat on the waters of Tarpon Bay.

Ty Symroski, who leads kayak tours for Tarpon Bay Explorers, will serve as speaker for the evening, detailing the historic tales. Along with the history, the presentation will include video interviews from Betty Anholt and Charles LeBuff,



Hear stories from the locals about Tarpon Bay's colorful past

noted Sanibel authors, historians and conservationists. Lifelong Sanibel resident Ralph Woodring, a natural storyteller, will spin tales from his home on Woodring Point. Mark McQuade will share nostalgic recollections of an idyllic childhood spent fishing and playing on Tarpon Bay as a boy in the 1950s and '60s.

Historic photos from Sanibel Public Library archives and from the collection of photographer Charlie McCullough will also help tell the story of Tarpon Bay.

Tickets are \$15 and may be purchased in advance or at the door. Guests are asked to wear masks during the presentation.

The Community House is located at 2173 Periwinkle Way on Sanibel. For more information, call 472-4648 or visit

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Plant Smart

Safflower

by Gerri Reaves

ultivated safflower (Carthamus tinctorius) is native to the Mediterranean region, Africa and Asia, but is nevertheless very familiar to

The U.S. is one of the biggest producers of cultivated safflower, which is used as a cosmetic dye, cooking oil, salad dressing oil and margarine ingredient.

In Florida, it is an agricultural crop grown for birdseed, oil and meal, primarily.

If you have a birdfeeder with safflower seeds in it, you might see this plant sprout beneath it.

In addition, its ornamental flowers are used in commercial floral arrangements, and the plant is cultivated by herb

A member of the aster family, it is one of several safflowers known as a distaff thistle. Its relative, wild safflower (C. oxyacantha), which has yellow flowers, is prohibited in Florida, according to the Federal Noxious Weed List.

This fast-growing herb grows to a height of one to five feet with erect branched stems.

The alternate spiny leaves are lobed or coarsely toothed and look a bit like little holly leaves.

The globular flowerheads, which are borne singly or in groups of up to five, each contain 15 to 180 florets that range



Cultivated safflower is an agricultural crop grown for oil, seeds and meal

photo by Gerri Reaves

in color from yellow to orange or red to

The projecting stigmas and styles give the blooms a frilly look. The seeds are white.

The horizontal root system develops a tap root that can reach a depth of almost 10 feet. Thus, the species excels at obtaining nutrients and groundwater in adverse conditions.

Safflower is one of humanity's oldest known crops and archaeological evidence dates its use to about 2500 BC.

It is used as a flavoring and color in Italian, French and British cuisine, as suggested by another common name, false, or bastard, saffron.

The term "tinctorius" in the binomial refers to dyeing and the plant's use in the cosmetic and textile industries.

It also has a wide variety of uses in

traditional medicine.

Modern medical research continues to explore how it might benefit the treatment of various conditions, such as diabetes.

Sources: http://www.efloras.org; https://www.ncbi.nlm.nih.gov, https:// owlcation.com, https://en.wikipedia.org,

Plant Smart explores the diverse flora of South Florida.容

Garden Club Selling Caladiums

'f your landscape could use a splash of color this spring, caladiums are a perfect choice for a tropical climate. Shell Islands Garden Club is selling a variety of colorful caladiums this month as a fundraiser to support island and club horticultural activities. The tuberous plants, priced at a discounted three for \$10, may be ordered now for pickup around the second week of March.

Caladiums are known for their big, heart-shaped leaves that display brilliant color combinations of white, pink, red and green. They thrive in hot, humid summer climates and grow well in full to partial shade. Some caladiums have been adapted to grow in sunnier garden spots. These perennials come back year after year with no need to dig them up for winterization. Each tuber has several eyes that produce the colorful leaves.

Five varieties are available: Aaron, Red Alert, Freda Hemple, Classic Pink

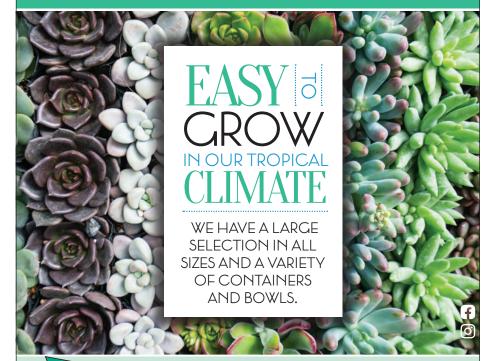


Choose from five varieties of caladiums photo provided

and Pink Beauty. For those who cannot decide, there is a mixed color bag available. Instructions for planting and care are included with each order.

For more information, visit www. sanibelgardenclub.org. To order, call Sandra Dalbec at 472-3366 or Carol Bytnar at 472-1410. Deadline for orders is Thursday, March 10.☼

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Feb. 20 Bing Cherry Chip

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Feb. 22 Cinnamon Coffee Cake

Feb. 23 Captiva Sunset

Feb. 24 White Chocolate Raspberry Truffle

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OBITUARY

AARON BAGG STEVENS, MD

aron Bagg Stevens, MD, passed away peacefully at Hope Hospice in Fort Myers, Florida in the early evening hours of January 13, 2022, moments after saying goodbye to his children for the last time. He was 94 years old.



Aaron was born on July 20, 1927 in West Springfield, Massachusetts to the late Dr. Joseph Edward Stevens and Barbara Bagg Stevens, the eldest of their three children. He was the 13th and final generation of his mother's family to be born in West Springfield. He attended Williston Academy with his younger brother, Joe, and volunteered for the U.S. Navy at age 17. After discharge, he attended Dartmouth College, graduating in the Class of 1950, and Harvard Medical School, Class of 1953.

During internship in Portland, Maine, he married a fellow physician, Dr. Ellen Lawson of Macedonia, Iowa, who passed away on August 14, 2012. He is survived by three children: Dr. Ralph (JoAnn) Stevens of Sanibel, Florida and Cazenovia, New York; Joseph (Anastasia) Stevens of Santa Fe, New Mexico and Kauai, Hawaii; and Hannah Stevens of Cambridge, New York and Fort Myers, Florida. He is also survived by five grandchildren; Carrie, Margaret, Ellen, Aaron and George Stevens. He was predeceased by his parents, his brother Dr. Joseph Chauncy Stevens and his sister Drusilla Stevens Mazur.

After completing an anesthesia residency at the Peter Bent Brigham Hospital in Boston, the family moved to East Main Street in Cambridge, New York and built a home on Irish Lane. Aaron always said that it was a "second class house with a first class view" of three states from the southeast windows. He was drawn to the Cambridge Valley by his love of fishing and the Battenkill River. He enjoyed salmon fishing trips to Labrador and family vacations to Harwichport on Cape Cod, the Pacific Northwest and the American Southwest. He loved geology and fashioned many items of stone jewelry for family and friends. He traveled to Iceland and, at age 70, went on a canoe trip with fellow Dartmouth classmates above the Arctic Circle in Alaska.

He practiced anesthesia at the Mary McClellan Hospital in Cambridge for 27 years and many thousands of local residents experienced his skillful care at critical moments of their lives. He worked with a nurse anesthetist at that time but was always on first or backup call for nearly three decades. Later, he worked at several hospitals in the Capitol District, before fully retiring and moving to Sanibel Island, Florida in 1988. There he enjoyed the JN "Ding" Darling National Wildlife Refuge, jogging on the

beach and the company of many friends. He was an intermittent, lifelong golfer and scored his first hole in one at age

Contributions in his memory may be made to Cambridge Public Library, 21 West Main St., Cambridge, NY 12816 or Sanibel Public Library, 770 Dunlop Rd., Sanibel, FL 33957.

OBITUARY

BEVERLY KANNER LUBETKIN

everly Kanner Lubetkin passed away on February 9, 2022 at the age of 92. She is survived by her loving husband, Bernie, and her three children, Stephanie (Daniel, Luis and Andres), Pam (Jeffrey)



and Benjamin (Delia, Joshua). She is also survived by her stepson, Michael (Steven). She also was loved by her two granddaughters-in-law and her four great grandchildren, who called her GG.

Beverly was so loved for her infectious personality, her generosity of spirit and her pure joy of life. No one will forget her smile. She was part of a hard working and humble generation that witnessed much turmoil, but stayed steadfastedly positive and optimistic that tomorrow will be better.

Beverly was so grateful for having lived an adventurous life in Mexico and later, traveling the world with Bernie. Sanibel has been her happy place for over 45 years. She just loved her friends and her life here on the island. She was so appreciative of the caregivers who are part of the team that takes care of Bernie. They were her special companions as well.

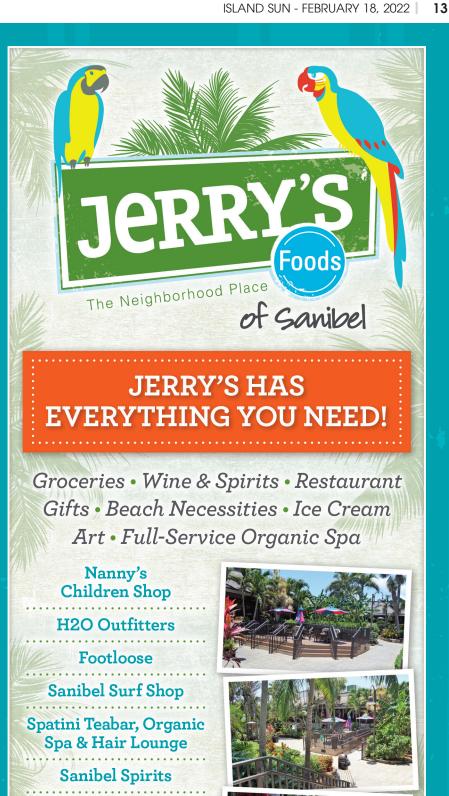
City Of Sanibel Hurricane Passes

The City of Sanibel is continuing to issue 2021 series hurricane passes. All residents, property owners and businesses will need to apply for a new 2021 series pass if they do not already have one. Applications for the new passes are available on the Police Department/Emergency Management section of the Sanibel website at www.mysanibel.com. They will also be issued at the Sanibel Police Department/Emergency Management office, 800 Dunlop Road, Monday through Friday from 8 a.m. to 4 p.m.

On the new residential pass, the first two digits of the serial number are the property zone number. The new pass identifies the business type.

Used after an evacuation, the passes aid security, speed reentry and provide traffic control at a time when traffic must be kept to a minimum.

Visit www.mysanibel.com/ emergency-management for more







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Working Man's Fish



by Capt. Matt Mitchell

ove them or hate them, but sheepshead are one of our most consistent fish all winter long. When conditions are cold and not much else will feed, this is what we target.

They are both plentiful and delicious to eat. Catching them requires a totally different technique compared to every other species we catch.

As a guide, teaching clients to catch these fish that only ever seem to nibble a bait while not taking the hook can be challenging. I really enjoy this change of techniques from our everyday snook and redfish fishing. Anglers can often loose their patience while trying to successfully catch sheepshead, though once they get the hang of it everything falls into place.

Small bait on small jig heads give you the best hook-up ratio. When using shrimp as my go-to bait, I like to thread it on the jig head to hide the hook. This bite is all about feel and anticipating that the fish is holding the bait before setting the hook. Once the fish starts to tap the bait, I slowly lift the rod tip waiting to feel it slightly bend as it loads up. The small tooth-filled mouth of a sheepshead requires a few short hard pops once the



Adam from Wisconsin with a stud sheepshead caught while fishing with Capt. Matt Mitchell photo provided

rod is bent to make sure that they are hooked.

Sheepshead are a popular fish for

anglers without a boat as they are often targeted around bridges and piers. All you need to catch sheepshead is a bag of fresh shrimp, though many of the serious die-hard shepherds swear by fiddler crabs, sand fleas and even clams. Scraping barnacles off pilings and seawalls to chum these fish into feeding is also an old school technique.

Sheepshead is one of the few fish that allows the angler a large bag limit of eight fish per person. Even though the minimum size limit is 12 inches, these fish simply don't have much meat on them unless they measure 14 inches. These are not the sheepshead of the Great Lakes, they are a stripped porgy that has a diet of shellfish, making it one of the tastiest fish to eat.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.\$

From page 8

Bridge

this fiscal year.

Total project costs are an estimated \$80.2 million, including the PD&E study, design, construction inspection and construction.

The current bridge is safe for motorists. The plan for the next bridge is to ensure the bridge can be replaced well in time to continue to ensure safety.

For more information about the project, visit www.bigcarlosbridgeproject. com. To receive updates from Lee County Government, sign up for the newsletter at







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Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include a photograph with identification.

Email to press@islandsunnews.com or call 395-1213.



CROW Case Of The Week:

Burrowing Owl



by Bob Petcher

he burrowing owl (Athene cunicularia) is a small day-hunting owl that mostly seeks its prey on the ground. Like most owls, they have the ability to turn their heads up to 270 degrees in

either direction without damaging blood vessels or cutting off blood flow to the

At CROW, an adult burrowing owl was admitted to CROW with spinal and

head trauma after a predator attack.
"A falcon was reported to have attacked the owl," said Dr. Robin Bast, CROW staff veterinarian. "We don't recommend interfering in this process unless the predator accidentally drops or abandons the prey. Although no one wants to see the owl injured, no one wants to see the hawk starve either.

The spinal injury reportedly could have been worse.

'The burrowing owl had bruising and a puncture wound over the spine and several puncture wounds to the head and the mouth. None of the puncture wounds required surgery, and the bruising resolved with supportive care," said Dr. Laura Kellow, CROW veterinary





Patient #22-317 has no trouble eating, but appears to have a disliking to its neck brace photos by Dr. Laura Kellow

intern. "We are monitoring one of the burrowing owl's eyes, as it is blind in this eye secondary to trauma from the talon punctures. If the burrowing owl is uncomfortable in this eye long-term, then we may elect to remove this eye for its comfort."

Veterinarians placed a neck brace due

to the severity of the owl's head tilt.

"The head tilt – torticollis – is severe in this case, but the patient is eating well and is very active. They are also on pain medications and were previously on antibiotics for the puncture wounds. Brain injury in birds, similar to humans,

can be very variable in recovery time," said Dr. Kellow. "In 2021, we had a burrowing owl with similar torticollis that took months to show slow progress and was eventually released after four months. The patient will wear the neck brace until we begin to see them holding their head upright on their own.

The patient is currently receiving pain medications and antibiotics while being closely monitored under supportive care.

"The patient also receives daily physical therapy twice a day where their head is gently held in a normal position and then to the opposite side of the tilt

for 10 to 15 seconds at a time for 10 to 15 minutes total to help strengthen the muscles in the neck," said Dr. Kellow. 'The torticollis, or head tilt, is secondary to the head trauma that the burrowing owl suffered from the talons.

The patient will need time before being placed outside for flight training.

Once the patient is able to hold their head upright or at an improved angle, they will be able to move outside to evaluate their flight and behaviors in a larger environment," said Dr. Kellow. "We often 'daycamp' these patients initially, meaning that they go outside during the day to stretch their wings and then return inside at night so they can navigate and eat in a smaller environment.

The burrowing owl will need more rehabilitation, but appears to be in good

spirits.

"The patient has a long road ahead to recovery, but is eating well, active and tolerates the brace well," said Dr. Kellow. "This patient loves crickets and, even with the severe torticollis, is constantly perching on the bowl of crickets and loves throwing them around the cage and eating them.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.☆



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CROW Calendar Of Events

he Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

General admission is \$12 for adults, \$7 for ages 4 to 12, and no charge for ages 3 and under.

Learn about CROW's history and day-to-day operations through displays, interactive exhibits and video. The center also features live animal exhibits, children's areas and live camera feeds of the hospital intake room and several outdoor rehabilitation enclosures. General admission includes the daily presentation and no reservation is required.

Hours are 10 a.m. to 4 p.m. Monday through Saturday. CROW is located at 3883 Sanibel-Captiva Road.

For the safety of the animals and other guests, masks are required at all times in the Visitor Education Center.

Wildlife Walk With Rehabilitators and Staff - Monday to Friday, 11 a.m. to 12:30 p.m. and 2 to 3:30 p.m., and Saturday, 11 a.m. to 12:30 p.m. Cost is \$25 and includes general admission.

CROW provides a unique opportunity to look into wildlife rehabilitation and meet the staff responsible for their care. Wildlife walks are the best opportunity for visitors to get an in-depth look into the inner workings of the hospital and the treatment



www.crowclinic.org

process. The program has two parts: the daily presentation in the Visitor Education Center and a guided tour through treatment areas of the hospital, concluding on the rehabilitation grounds.

This program is not recommended for children under the age of 13. Masks are required at all times during the tour. Advance registration is required. Tours are subject to modification and cancellation based on patients recovering in the hospital. To register, call 472-3644 ext. 229 or email reservations@crowclinic. org. Payment is required to complete

Daily Presentation Schedule Friday, February 18, 11 a.m., Why Animals Come To CROW – Whether animals are sick, injured or orphaned, CROW aims to lead in their recovery. From fishing line entanglement to abducted

babies, this presentation will address the

most likely reasons patients are admitted to the hospital.

Friday, February 18, 2 p.m. -Patient Profiles: Gopher Tortoises. The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a keystone species. CROW's presenter will

explain why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be

Saturday, February 19, 11 a.m., Day In The Life – CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their patient favorite stories. One of CROW's animal ambassadors will be present.

Monday, February 21, 11 a.m., Species Profile: Snakes of Southwest Florida – Florida is home to 46 species of native snakes, only six of which are venomous. Although there is a widespread fear and misunderstanding of this animal, most species are harmless to humans and form vital links in the ecosystem. Snakes are valuable because they are efficient at monitoring pest populations without relying on chemical pesticides, which can degrade the environment and harm other animal species. One of CROW's animal ambassadors will be present.

Monday, February 21, 2 p.m., The Misunderstood Animals - Some animals are not cuddly and fluffy but hold such an environmental importance. This presentation discusses some of these misunderstood animals and why they aren't so bad after all. One of CROW's animal ambassadors will be present. **Tuesday February 22, 11 a.m.**,

Raptors In Rehab – The rehabilitation process for raptors is dependent on their

age. There is potential for imprinting in hatchlings and nestlings. Staff must take precautions to prevent habituation and ensure success in the wild once released. Adult raptors including eagles, hawks, falcons, owls and vultures have physical characteristics helping them to hunt prey, defend themselves from predators and other natural survival behaviors. This talk will cover how their talons, beaks and strength make it important for hospital staff to be trained in proper handling techniques for the safety of themselves and the animal in care.

Tuesday February 22, 2 p.m., Invasives – An invasive species is an organism that is not indigenous or native to a particular area. Invasive species can cause great economic and environmental harm to the new area. But not all nonnative species are invasive. To be invasive, a species must adapt to the new area easily. It must reproduce quickly. It must harm property, the economy, or the native plants and animals of the region. This presentation highlights invasive species that are commonly found in Southwest Florida. Learn how these animals got here and exactly what makes them harmful to the environment around them. One of CROW's animal ambassadors will be present.

Tuesday February 22, 4:15 p.m., Speaker Series: 60 Years of Innovative Mosquito Management – Since its inception in 1958, Lee County Mosquito Control District has provided mosquito abatement for the citizens and visitors

continued on page 20

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UPCOMING EVENTS



Jennifer Schiff Friday, Feb. 18th

11:30AM

For Whom The Shell Tolls



Shawn Peters

Wednesday, Feb. 23rd 1PM

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Monday, March 7th 11AM

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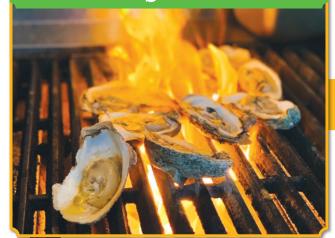
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The Common Sundial



by José H. Leal, PhD, Science Director and Curator

rchitectonica nobilis (Röding, 1798) is a marine snail of the sundial family Architectonicidae that may reach in

excess of 50 mm (about two inches) in diameter. The characteristic, circular, shield-like shell has a sculpture of strong spiral ribs crossed by axial cords and reddish-brown spots superimposed on a light-cream background. The umbilicus ("hole" on the base) is deep and internally flanked by a wide, segmented band. The species has a very broad distribution from North Carolina to Florida and the Caribbean, Gulf of Mexico (in deeper water) and both sides of the tropical Atlantic Ocean, including West Africa. Read more about mollusks and their shells at www.shellmuseum. org/shell-guide and www.shellmuseum.

org/blog.
The Bailey-Matthews National
Shell Museum is open daily from
10 a.m. to 5 p.m., located at 3075



The Common Sundial, Atchitectonica nobilis, from the East Coast of Florida

photo by James F. Kelly

Sanibel-Captiva Road. To make a secure donation, visit www.

sanibelmuseum.org. For more information, call 395-2233.

Rare shell find? Stop by our office at 1640 Periwinkle Way so we can take your photo for publication, or email press@islandsunnews.com.

American Legion Post 123

Post 123 is serving meatloaf and mashed potatoes from noon to 8 p.m. this Sunday, February 20. Barbecued ribs and chicken are on the menu for Sunday.



and chicken are on the menu for Sunday, February 27. All are welcome.

On Tuesdays, tacos are served all day. Steak and cheesesteak sandwiches are served on Fridays. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m. Sunday specials are served from noon to 8 p.m.

The first Thursday of the month is Open Mic Night from 6 to 9 p.m. Locals and visitors are invited to take the mic and entertain the crowd.

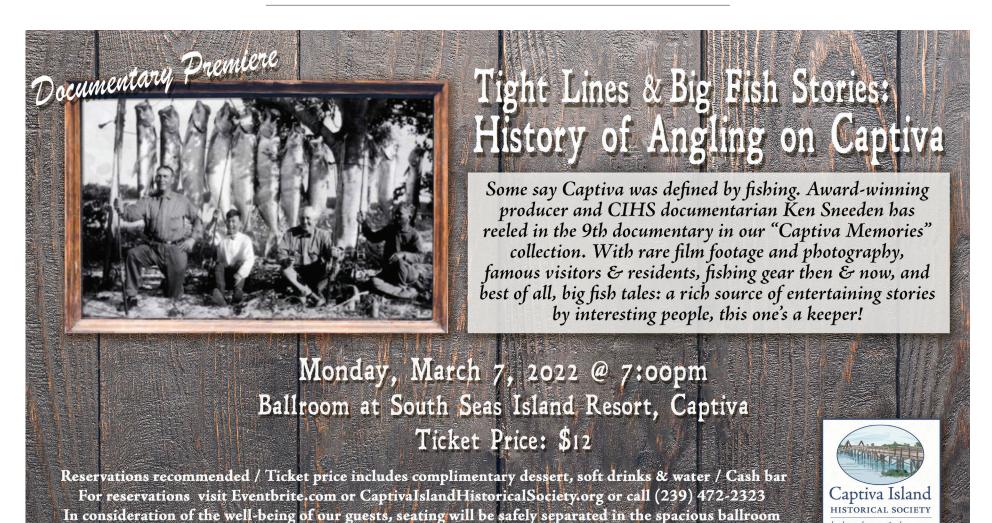
The 8-Ball Pool League plays at 5 p.m. on Monday nights. Two tables are in play. Come out and watch the action.

If you have a flag that needs to be retired, you can drop it off at Post 123.

American Legion member eligibility dates are November 11, 1918 through present. All veterans are welcome.

Post 123 is a non-smoking facility with an outside area for smokers. It is located at mile marker 3 on Sanibel-Captiva Road, open Monday through Saturday, 11 a.m. to 9 p.m., and Sunday, noon to 9 p.m. For more information, call 472-9979.

bridging the past & the present



of South Seas Island Resort.



Shoppers at the arts and crafts fair photos provided

Island Seniors Arts And Crafts Fair **Draws Crowd**

Tsland Seniors, Inc. held an arts and craft fair in the pavilion next to The Sanibel School on February 5. With less than three months of planning, a venue was found, thanks to Judie Zimomra, former city manager, who suggested the pavilion.

Advertising was coordinated through Teresa Riska-Hall at The Community



One of the vendor booths

House, who was agreeable to joint promotion of the Sanibel Community Association's art fair and Island Seniors fair, scheduled for the same day. Volunteers from Island Seniors and the Sanibel Recreation Center helped set up, tear down, monitor, cook and sell the infamous hot dog special.

Organizers extend their thanks to Allison Havill Todd for her article in the Island Sun highlighting Island Seniors as

well as the arts and craft fair. Thanks also goes out to the vendors who chose to exhibit at the fair, especially on such short notice.

The fair was a great success with nearly 700 shoppers in attendance. Vendors, attendees, volunteers and the Island Seniors board of directors look forward to holding the event again in February 2023.

Shells Found



Molly DenBraber

photo provided

olly DenBraber had the sharp "eye" for Neverita duplicata ▲(shark eye) this week. She was visiting with her parents, sister, Nonny and Poppy. The family is from Martin, Michigan.

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Fish Caught



wight Dunlap caught a 27-inch crevalle jack recently while fishing inshore waters with Capt. Jack Smith.蓉

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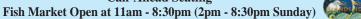
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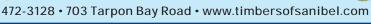


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Financial Aid Tip Of The Month

tudents looking for money to help pay for technical training or college classes should take advantage of free online scholarship searches, according to the Kentucky Higher Education Assistance Authority (KHEAA). With those resources, many students can find help to fund their

A good place to start is a national database provided by the U.S. Department of Labor at www.careeronestop.com. If you do use online searches, make sure you read the terms of use. Some sites will require you to opt out of receiving future promotional emails from colleges and their advertisers.

In addition, KHEAA disburses private advantage education loans. Visit www. kheaa.com.☆

From page 16

CROW Calendar

of Lee County, using innovative control technologies that are effective and sensitive to Southwest Florida's natural habitat. This presentation will provide an overview of the district, methods used to protect public health and provide a comfortable outdoor environment, and plans for the future.

Wednesday, February 23, 11 a.m., Wildlife Rescue 101 - Florida is home to more than 700 terrestrial animals and other invertebrates, and they all depend on sustainable recreational practices to survive. From posturing to vocalizations, animals communicate in a variety of ways and, at times, indicate their need for human assistance. Whether deterring visitors from feeding birds on the beach or detaching a pelican from fishing line in the mangroves, this program will cover wildlife rescue assessment as well as handling techniques.

Thursday, February 24, 2 p.m., Patient Profiles: Virginia Opossums -Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

Thursday, February 24, 11 a.m., Owls of Southwest Florida – Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory species of nocturnal hunters known as owls. One of CROW's animal ambassadors will be present.

Thursday, February 24, 2 p.m., Patient Profiles: Wading Birds - Originally hunted for their plumage, many wading bird populations saw a great decline, but have made recoveries. Learn the differences between herons and egrets, some of their unique hunting styles, and the many species native to Southwest Florida. One of CROW's animal



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(Located in Bailey's Shopping Center At the Far End, Facing Tarpon Bay Road)

Raffle For Painting To Benefit School

Norida-based artist Myra Roberts is hosting a sneak preview of her most recent work, Miss Bette's Sea School, at Lily and Company Jewelers. The painting will be raffled as part of the Sanibel School Fund's Blue Ribbon Golf Classic hosted at The Sanctuary Golf Club for the benefit of The Sanibel School.

The 30- by 40-inch acrylic painting was inspired by Roberts' daughter, Bette, who graduated from The Sanibel School. The painting, which took months to complete, features Miss Bette teaching a conservation lesson while holding a book in the form of a shell, illustrating the ocean and Florida's diverse wildlife surrounding the Sanibel Lighthouse.

Miss Bette's Sea School, along with Roberts' most recent



Miss Bette's Sea School by Myra Roberts

image provided

works, will be on display at Lily and Company Jewelers on Wednesday, February 23 from 11 a.m. to 3 p.m. The painting, valued at \$30,000, will be raffled off on Saturday, May 14 at The Community House as part of the after-golf dinner and party to raise funds to support the STEM program at The Sanibel School.

The painting will also be displayed in rotation at Sanibel Public Library, Sanibel Captiva Community Bank, The Community House and The Sanibel School between March 1 and May 13. Online raffle tickets for the painting are priced at \$100 and will be available starting March 1. Tickets and sponsorship opportunities for the Blue Ribbon Golf Classic can be secured by contacting thesanibelschoolfund@gmail.com.

Lily Company and Jewelers is located at 520 Tarpon Bay Road on Sanibel.

Guided Native Vegetation Tours

he City of Sanibel Vegetation Committee is offering guided native vegetation and landscaping tours of city hall grounds, planted exclusively with native plants. Tours begin at 10 a.m.

Tour schedule:

Saturday, February 26

Wednesday, March 9 and Saturday, March 26

Wednesday, April 13 and Saturday, April 23

Walk the grounds for ideas on planting native vegetation that requires no fertilizer. See how you can plant a garden that reseeds itself with very little maintenance, is good for the environment and will attract birds and butterflies.

Vegetation committee members will provide information on proper planting and care of native vegetation. The City of Sanibel encourages planting of vegetation that is indigenous to the area as it requires very little maintenance, no fertilizer and no supplemental irrigation.



Scorpion's tail (Heliotropium angiospermum)

Registration is not required. Attendees meet at the main entrance to city hall, located at 800 Dunlop Road. For more information, email san.dnr@ mysanibel.com or call 472-3700.





NEW EXHIBITS

RED, BLUE, GREEN: An Introduction to Water Quality in Southwest Florida Now through June 10 **BLACKWATER MOMENTS: Nocturnal Photography of Open-Ocean Mollusks**

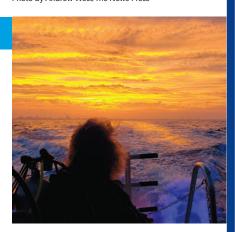
Now through May 30 Photo by Andrew West/The News-Press

LECTURES

Feb. 16: Metropolitan **Museum of Art curator BRADLEY STRAUCHEN-SCHERER**

Mar. 15: Diver and photographer LINDA IANNIELLO (pictured)

Apr. 6: News-Press visual journalist ANDREW WEST



CLASSES

Mar. 2: San Carlos Bay / **Bunche Beach Marine Biology** and Field Lab

Mar. 17: Biodiversity and **Taxonomy of Mollusks**

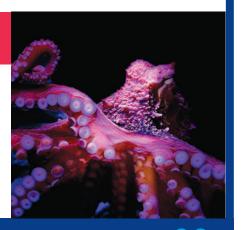
Mar. 31: Drawing & Illustrating

Apr. 13: Shell Morphology: Understanding Shell Descriptions

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Fresh New Faces At Vegan Friendly Eatery



by Allison Havill Todd

he Sanibel Sprout in The Islander Center plaza reopened under new ownership in December 2021, and patrons can continue to enjoy health conscious

menu items for breakfast and lunch at this quaint boutique style restaurant and mini market.

The Senkeleski family, longtime island residents, took over the establishment from the previous owner, and their daughter, Jianna, is running the show. She comes with experience in working with the prior owner since she was 14 years old, and now, at the age of 19, is excited about continuing the legacy while adding her own flair. Senkeleski shared that she is "passionate about nourishing people with good food in a caring atmosphere." She wants to emphasize the importance of making people feel welcome and known. She sees the restaurant as an opportunity to promote a healthy approach to life and offer a



General manager Katie Haas and owner-operator Jianna Senkeleski

photos by Allison Havill Todd

friendly place for people to gather and enjoy fresh homemade cuisine or one of their specialty coffees.

Those who visit The Sanibel Sprout will find a creative variety of made-from- scratch homemade soups, sandwiches, baked goods, acai bowls and smoothies as well as fresh pressed juices. The menu changes every week, and all selections are made fresh to

order. While Senkeleski is focused on efficiency and has implemented systems to expedite their customers' experience, this is not a drive-through, fast food operation. The few extra minutes you may wait for the many fresh selections will be well worth it! Most menu items are vegan friendly but not limited to such. One of the breakfast specialties is avocado toast with signature coconut bacon, which is a delicious substitute for the high fat version. Some of the popular baked goods include yummy treats such as chocolate chip banana muffins with almond butter filling that one can indulge in without feeling guilty. If you are looking for a quick boost before or after a workout, try one of the freshly pressed juice combinations or Beach Bod Bites, which combine rolled oats, chocolate chips, espresso and almond butter in bite sized truffle-like balls.

Senkeleski's favorite is their specialty coffees, and she loves coming up with new savory creations to tantalize patrons' taste buds while providing them with a cozy, inviting outdoor seating area where they can relax, enjoy good food, sip on one of their unique beverages and visit with friends.



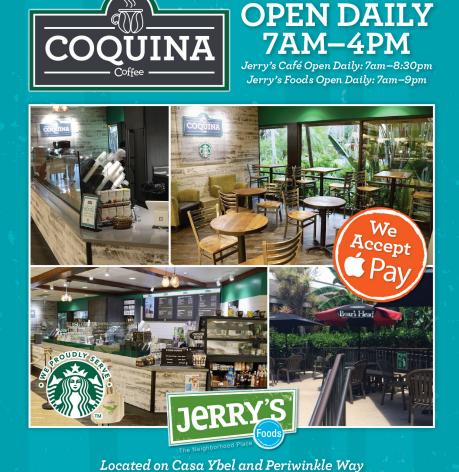
Inviting outdoor seating areas

Free WiFi is also included! Future plans include extended hours on Friday and Saturday as well as an addition to the outdoor patio area to encourage camaraderie and the opportunity to host community events.

It was evident in meeting with this young, budding entrepreneur that she embodies strong values, an exceptional work ethic and truly cares about those she serves. In addition to running The Sanibel Sprout, Senkeleski is also completing college courses to earn her degree in marketing, which she is able to apply in running her own business. Supported by her general manager, Katie Haas, and friends and family, she has a vision to utilize the business as a means to give back to charitable organizations. This young lady is a true inspiration and for her, this is living a dream!

The Sanibel Sprout is open Monday through Saturday from 8 a.m. to 3 p.m. and is located at 2407 Periwinkle Way. Stop in and treat yourself to the delicious fare they have to offer!

Allison Havill Todd lives on Sanibel Island with her husband and two rescue dogs. She is an avid dog lover, business coach and active outdoor enthusiast. When she's not out with her dogs, you will see her running, cycling, paddling around the island. Follow her on @thedoggiemom and facebook.com/thedoggiemom.☆





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What's 'Cap'-enning

A Glance At Captiva Events

by Kathy Kurtz Ferrari

ast week still found most people bundled up on Captiva, except for those hardy souls from colder climes who felt our weather was warmer than somewhere like Minneapolis. I don't know about you, but I kind of get a secret satisfaction watching news clips of blizzards gripping other parts of the country while the only weather concern I have is if I'm wearing enough sunscreen.

The Captiva Civic Association (CCA) usually has something to keep us warm and entertained. The art show of Paul Arsenault, entitled Shorelines... Paintings and Stories of Captiva and Island Neighbors, is now on display through April 18. Arsenault grew up along the shores of Massachusetts and traveled in his youth as a deckhand on a research vessel out of Woods Hole Oceanographic Institution. He developed a love of the coastline and our islands in the 1970s, which inspired his work. All art in the show is for sale, with a portion of the proceeds going not only to the CCA, but also to Sanibel-Captiva Conservation Foundation. Arsenault expressed he is grateful for this community's support and wanted to connect that to protecting the area's coastline.

CCA members are also looking forward to the big fundraising ABC Gala



Sanibel Bicycle Club members enjoy a trip to Boca Grande aboard Captiva Cruises' Lady Chadwick photo by David Ferrari

FAVOR

to be held on Tuesday, February 22. The event is the highlight of the social season. This year's live auction includes a 2013 Mercedes Benz GLK350 with only 23,500 miles. It was donated by an anonymous and generous CCA member. Tickets may still be available so visit www. ccacaptiva.org for more information.

On a much more serious topic, the Captiva Community Panel is presenting an event at the CCA entitled Adapting

to Sea Level Rise on Captiva. The discussion, which is concerning to all islanders, will be held on Friday, February 18 at 5:30 p.m. Dr. Cheryl Hapke of Integral Consulting has been working with the panel's Sea Level Rise (SLR) Committee, and will share information about the effects of sea level rise from one, two and four feet, concentrating on Captiva's bayside properties.

Based on this vulnerability

assessment, the SLR Committee identified five priority areas on Captiva's bayside, representative of both the potential SLR risk and the various shoreline types generally found on the bayside," a release from the panel explains. The SLR committee is developing strategies to help property owners protect their homes from increased inundation, higher tides and storm waves. The City of Sanibel also has been part of the study.

Those wishing to attend in person must sign up, but the presentation will also be recorded and available via Zoom. Visit www.captivacommunitypanel.com for more information.

Captiva Cruises hosted about 75 members of the Sanibel Bicycle Club along with their bikes on February 10 for a charter cruise to Boca Grande aboard the Lady Chadwick. Members spent the day biking around and enjoying the sights of Gasparilla Island. Getting the bikes on board was a fun new challenge for the Captiva Cruises crew, but everything went smoothly. One bike club member, however, literally "missed the boat" for the 9 a.m. departure, but luckily was able to jump on Captiva Cruises' regularly scheduled Boca Grande trip a little later in the morning.
And that's What's "Cap-enning" on

Captiva this week!

Kathy Kurtz Ferrari is a journalist who splits her time between Captiva and the Boston area. Email

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French Mother Sauces Cooks Should Know





by Chef John Wolff

The five French mother sauces are: Béchamel, Velouté, Espagnole, Hollandaise and Tomato. These were the topic of my last adult cooking class at The Community House. Upcoming classes and culinary events can be found on our website at www. sanibelcommunityhouse.net.

In the 19th century, Marie-Antoine Carême named Béchamel, Velouté, Espagnole and Tomato sauces as the building blocks for all other sauces in his work L'Art de la Cuisine Française au Dix-Neuvième Siecle. Later on, Hollandaise got added to the family. Since then, many people consider other sauces, sweet and

savory, from all around the world as unofficial extended relatives of these five sauces.

Though some will argue for the importance of chimichurri and chocolate sauce, it's a knowledge of the five French mother sauces that will prove essential. They may seem intimidating, but mother sauces will nurture your kitchen confidence. With a few simple ingredients (mostly flour, butter and a liquid) and a couple easy techniques, these five sauces, all equally important to your cooking repertoire, serve as the starting point for most all other classics.

Once you get the feel for these sauces, you'll be able to whisk them up whenever you want to get fancy. And soon enough, you'll have the confidence to break tradition and take that mother sauce somewhere she's never gone before. Here's what you need to know about the building blocks of sauces:

Beyond flavor, the most important element of any sauce is its ability to smother and cling to whatever it gets drizzled, dolloped or poured on. That means making the sauce thick and stable, which is accomplished with three techniques: a roux, an emulsifier and a reduction (liquid that's slowly cooked down until thickened).

Four out of the five mother sauces start with a roux. Roux is a fancy French name for flour mixed with fat. Equal parts butter and flour get cooked over medium heat, then a liquid gets added. This mixture then boils, thickens (reduces) and becomes the base of your sauce. Note: if you're making

a white sauce (like Béchamel or Velouté), do not brown the butter while making the roux, as it will darken the finished product. The last mother sauce is more a product of emulsification. I don't have a particular recipe for you this week per se but here are the basic formulas of the five mother sauces and a short description of each and preparation methods:

Béchamel: roux and dairy (traditionally milk or cream)

Velouté: roux and white stock (traditionally chicken, also vegetable or fish)

Espagnole: roux and brown stock (traditionally veal or beef)

Tomato: roux and tomatoes (or go the Italian route by skipping the roux and simply reducing tomatoes over mediumlow heat until thick)

Hollandaise: egg yolks and clarified melted butter plus acid (like lemon juice or white wine)

Béchamel – If you've eaten homemade macaroni and cheese, a classic croque madame or lasagna, chances are you've experienced the rich creaminess of Béchamel. It can be made in its most basic form by just combining roux and cream, or it can be mixed with other ingredients to create new sauces: Mornay is made by adding Gruyère or Parmesan, and mustard sauce is made by adding; you guessed it, mustard

Velouté – Like good old Béchamel, Velouté begins with a white roux, but then it gets mixed with white stock made from fish, chicken or veal. Technically not a finished sauce, it's used as a flavorful starting point for gravies, cream sauces (chicken pot pie) and shrimp sauce (shrimp bisque).

Espagnole – Although some think blond roux has more fun, Espagnole proves that dark roux knows how to party, too. Also known as brown sauce, Espagnole begins with a mirepoix (carrots, celery and onions), beef stock and deglazed brown bits (fond) from beef bones. From there, tomato paste and spices may be added.

To make a demi-glace – a rich French brown sauce – combine the Espagnole with more beef stock; to create Bordelaise a red wine sauce that pairs well with steak and mushrooms – mix the demi-glace with red wine and herbs.

Tomato – Probably the first mother sauce you ever tasted (over a heaping bowl of spaghetti), tomato sauce is often a mixture of just onions, garlic and tomatoes. Although some traditionalists may start with a roux, most tomato sauces merely rely on a tomato reduction to build flavor and create thickness.

Hollandaise - Think of Hollandaise as a fancy mayonnaise that uses clarified butter in place of oil, and gets drizzled over asparagus and eggs. Instead of using a roux or a reduction, Hollandaise uses the method of emulsification: the act of using a binding agent (in this case, an egg yolk) to force two ingredients that don't mix well together (here, butter and lemon juice) to like each other immensely. Hollandaise takes patience, as you'll need to temper the mixture so that the eggs do not curdle. The sauce can break easily, but you can patch things back together by adding a little heavy cream and whisking until the sauce returns to its smooth state; or use the trick for fixing broken aioli, a close relative of Hollandaise, by using the broken emulsification to start your next batch.

John Wolff is the resident chef of the Culinary Education Center of Sanibel at The Community House. He enjoys sharing culinary knowledge with future chefs of all ages. Contact him at kitchen@sanibelcommunityhouse.net or call 472-2155.☆

Rotary Club Scholarships

The Sanibel-Captiva Rotary Club is accepting scholarship applications for the 2021-22 school year. Eligible applicants are students who will attend FGCU, who live or work regularly on the islands, or whose parents live or work on the islands. Applications must be postmarked by June 1, 2021 and can be found online at www.sanibelrotary.org.



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Shell Crafting

Standing Bunny Rabbit



Standing Bunny Rabbit

photo provided

by Anne Joffe

he Standing Bunny Rabbit is a fun craft for adults and children, especially for Easter. Here's what you will need.

Materials:

- 1 large pair of cockle shells (body) 1 medium pair of cockle shells (head)
- 1 cotton ball (tail)
- pair large mussel shells (ears)
- 1 pair 7mm wiggle eyes 1 button shell (nose)
- 2 matching kitten's paws (paws) 2 matching turkey wings (feet) 3 Auger shells painted orange (use
- paint or a felt tip marker)

Small green carrot top-type greenery Fishing line (whiskers)

Directions:

Glue the large cockles together to form a pair.

Place the two turkey wings for feet, the flatter part goes in front. Glue the body on the feet. This should now stand.

Glue medium-sized cockles together for head. Glue this on top of the body with the point up and the flat heartshaped side in front for the face. It should now balance and stand by itself.

Glue the cotton ball on rear of the bottom shell for the tail.

Glue a kitten's paw shell to the upper part of the body so they will be positioned to hold the carrots, which go in the center of the body.

Glue a wiggle eye on each side of the bunny's face. Just below the eyes, cut six pieces of fishing line into two-inch pieces. criss-cross them and glue down for whiskers. Glue the button shell over the

center of the whiskers to form nose.

Glue the orange painted augers in between the paws. Add the greenery to the bottom so it looks like a carrot.

Glue the mussel shells on top of the head for the ears. The purple, pearly part of the mussel faces front.

These are cute all alone, but they can be added to Easter grass, with eggs, gumdrops or your favorite holiday trims.

Anne Joffe has owned She Sells Sea Shells on Sanibel since 1976. She is the author of ShellCrafting Vol. 1 and Vol. 2. Joffe judges Artistic and Scientific categories at shell shows throughout the country, leads shelling trips worldwide, and is a public speaker on shells and shellcraft.

Poetry Corner

by Joan Kuchner

Last Beach Day

Stretching out his whole body, The little boy bulldozes the sand. The heel of his palm shaping it into a bowl.

He fills his pail at the water's edge. Pail after pail pours into the bowl. Pail after pail seeps through the sand. Too soon, it is time to leave. Tugging against his mother's

outstretched arm,

He leans over and kisses the ocean good-bye.

As he drags his feet up the beach, He turns and sighs, "Miss you."

Joan Kuchner and her husband, Eugene, are longtime visitors to Captiva and Sanibel. They first brought their young sons and now return with adult children and grandchildren. Before retiring, Joan was on the faculty of Stony Brook University's psychology department where she was honored for her teaching and academic work in the areas of infancy, children's play and intergenerational issues. Today, she enjoys writing poetry on these same themes, as well as playing with her grandchildren, swimming, kayaking, and watching the sunset on Captiva and Sanibel, and at her summer home on Long Island, New York. \$\primex\$

Top 10 Books On The Island

- 1. The Lincoln Highway by Amor Towles
- 2. Black Cake by Charmaine Wilkerson
- 3. We Are Not Like Them by Christine Pride and Jo Piazza
- 4. Olga Dies Dreaming by Xochitl Gonzalez
- Wahala by Nikki May
- 6. American Dirt by Jeannine Cummins
- The Vanishing Half by Brit Bennett
- The Sanatorium by Sarah Pearse
- The Book of Lost Names by Kristin Harmel
- 10. The Hating Game by Sally Thorne Courtesy MacIntosh Books and Paper.



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Cucumber-Key Lime Gin & Tonic

2 ounces gin (such as Old St. Pete Tropical Gin)

small pickling cucumber

1 key lime

Tonic water

In a cocktail shaker, add gin, two slices of cucumber and half a key lime. Use a muddling stick to crush the ingredients together. When the ingredients are muddled, add a few cubes of ice and shake vigorously with lid on tight. Fill a rocks glass all the way to the top with ice. Use a mesh strainer to pour over the shaken ingredients into the ice-filled rocks glass. Top cocktail off with chilled tonic water. Garnish with extra cucumber and key lime. Drink



Cucumber-Key Lime Gin & Tonic

photo courtesy Fresh From Florida

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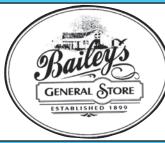
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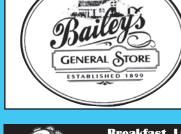


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Senior Marine Biologist Rebecca Mensch will discuss shelling on Sanibel on March 2 photos provided

Programs At The Library

anibel Public Library offers a variety of programs including tech help and virtual history. Computer Coach service is offered on Fridays and Saturdays from noon to 1 p.m. Bring in your device for technology assistance with Hoopla, Kanopy, Libby and other library apps. These apps allow cardholders to download ebooks, magazines and audiobooks, or stream music and movies. For oneon-one help, go to www.sanlib.org/ techappointment to register or call 472-2483 to schedule an appointment.

Stop by to see a collection of over 400 beer tap handles on loan from Rick Goodrich of Sanibel. Included are tappers for European brews like Spaten Optimator-München, plus local favorites like Point Ybel Captiva Cream Ale and Caloosahatchee Kölsch. The library offers a display case to showcase unique collections. Past displays have showcased woodcarvings, Statue of Liberty memorabilia and Matryoshka dolls. If you have a collection to share, contact the library.

Sanibel-Captiva Art League's A Brush with History juried exhibit is on display until March 1. Each artist chose a historical photo, many from Sanibel Historical Museum and Sanibel Public Library online digital archives. Original works are displayed with their coordinating archival photo.

The following programs are open to the public and no registration is required:

Ken Weaver of the Lee County Genealogical Society reviews German immigration to America, going back as far as the 1600s, at 10 a.m. on Friday, February 18.

War of Nerves – Chemical Weapons in WWII with Richard Gollin will be presented at 2 p.m. on Friday, February 18. In World War I, first the Germans and then the Allies used chlorine, phosgene and mustard gases. By World War II, both sides had stockpiled huge supplies of gases.

Intro to DigiFindIt will be held on Friday, February 18 at 11 a.m. DigiFindIt is an archive of Sanibel and Captiva newspapers dating as far back as 1961.



Oil painting by Dorothy McDowel with archive photo from A Brush with History

WWII 1944 - Battle of the Philippine Sea with Duane Shaffer will be offered virtually on Friday, February 25 at 10 a.m. This battle took place during the U.S. amphibious invasion of the Mariana Islands. It was the largest carrier versus carrier battle in history. To join the program, go to the homepage at www. sanlib.org to login a few minutes before the program. Stop by the library this month to see Shaffer's display of model tanks, planes and other WWII memorabilia.

On Friday, February 25 at 11 a.m., learn how to use library editions of Ancestry and Fold3. The library offers access to ancestry.com genealogy search tool. Fold3 contains documents from the national archives of the U.S. and U.K., and other international military records.

Appy Hour: BYOD (bring your own device and passwords) and learn how to download ebooks and audiobooks to your device. The Intro to Hoopla and Libby begins Friday, February 25 at 2 p.m.

Youth Services Librarian Deanna Evans invites elementary school-age children to participate in a Saturday Crafterday program on Saturday, February 26. This 45-minute arts and crafts program starts at 1 p.m. More children's programs are listed online.

Rebecca Mensch, senior marine biologist from Bailey-Matthews National Shell Museum, will review where and when to shell, why Sanibel has such an abundance of shells, and how to identify and care for your shells on Wednesday, March 2 at 2 p.m. Mensch runs the shell museum's live mollusk exhibits.

Local writers will read selections from their work created in Vicky Lettmann's The Joy of Writing class at BIG ARTS on Thursday, March 3 at 2 p.m. at the library.

Lettmann has taught creative writing for many years in Minnesota and now on Sanibel. Her writing has appeared in 26 Minnesota writers publications, among others. She published The Beach, a collection of poems with art by her mother. She is also the co-editor of When Last on the Mountain: The View from Writers

continued on page 28



Sound of Metal

by Di Saggau

The Monday Night Movie for February 21 is Sound of Metal, a film about an American drummer whose life is turned upside down by the onset of deafness. Riz Ahmed gives a powerful performance as Ruben, a heavy metal drummer accompanist to his singer-girlfriend Lou, played by Olivia Cooke. Shortly after meeting the two, we watch the drummer realize that his hearing is drastically disappearing. When he meets with a doctor, he's told that he's lost 80 to 90 percent of his hearing, and will soon lose the rest.

Ahmed conveys the quietness that often comes with fear and denial. He feels he can get surgery and that everything will be fine. Lou knows that Ruben is a recovering addict, clean for four years, and she knows that he needs to focus or he will destroy himself. Deafness is the heart of the film but addiction is also a notable part of the story. Lou takes him to a facility run by Joe (Paul Raci), who tells Ruben he cannot correct the deafness but he can teach him how to live with it. Much of the film takes place here.

This is Ahmed's movie. He learned to play drums in the six months before shooting and he studied deafness, which speaks to the depth of his performance. Another star of the film is the sound design. We are put in Ruben's state,



image provided

hearing muffled sounds or unintelligible conversations. It's a film designed to envelop you. We see the empathy in every choice Ahmed makes in Sound of Metal and it's inspiring. The film runs 120 minutes and will be shown at 7 p.m. in Christensen Performance Hall. After the film, Alan Ruben will lead a discussion. All are asked to wear masks.

Tickets are \$10 and can be purchased online or at the box office, located at 900 Dunlop Road. Call 395-0900 or visit wwwbigarts.org.

Welcome Back

submitted by Helene Zimmerman

It's been two years since I've seen my old friends. This morning, I had the nicest surprise when they walked onto the beach. I kept my distance while their umbrella was being set up, and they were arranging their towels, books and beach bags on their chairs. They sure bring a whole bunch of stuff. As for me, I travel light. I figured once they were settled in I'd walk over to greet them. Hope they'll be as happy to see me as I am them.

When it's time to make my move, I head for their chairs in my usual quiet way. They are so engrossed in their books, they take awhile before they look

up and see me.

"Well, well. So here you are. Look, he hasn't forgotten us," he says turning to his wife. "Where are all your friends? And where are all the babies?" For a smart man, he doesn't seem to realize that I don't speak human, even though I do understand what he's saying. I prance around from chair to chair welcoming them all, the newcomers and the old timers.

Hopefully, my island, Sanibel, will continue seeing better days, when the pandemic ends, because it's a true paradise for man and bird alike.

Helene Zimmerman is an annual visitor to Sanibel, with the exception of 2020, due to the pandemic. She visited in December 2021 for a week and wrote this short story.

From page 27

Library

over 50. Her most recent publication is What Can Be Saved (Red Bird Chapbooks).

On Friday, March 4 at 10 a.m., Bev Sierpina will give a presentation on English genealogy and how to use vital records registration and census returns as research tools. Tips and techniques will be covered, including suggestions for finding family members. Sierpina leads an English Roots group with Lee County Genealogical Society.

Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. You must present your valid driver's license (or similar government ID) to staff, showing your current Lee County address. Visitor cards are available for a \$10 fee and are good for one year. Computers, printers, scanners and fax service, as well as magazines and daily newspapers are available. For more information, call 472-2483 or visit www.sanlib.org.*

Donate Blood

ee Health is seeking blood donations to help replenish supply levels. For more information on how and where to donate, visit www.leehealth.org/ourservices/blood-centers.





Plein Air Artists Preserve Scenes From The Past

The Sanibel-Captiva Art League plein air exhibit is on view at Sanibel Historical Museum & Village through February 24. Paintings displayed in this exhibit showcase the various historical village structures. Works are done in watercolor, acrylic, gouache (opaque watercolor) and oil. All works are for sale.

"The exhibit offers a great opportunity to own original artwork of the village," said Historical Village Executive Director Emilie Alfino. "We enjoy hosting the painters, who come often to the village – rain or shine – and watching them painting our unique and wonderful buildings. It's a delight to have them exhibit their work at the village, and we hope many people will come to see their work and possibly purchase a painting of the village for their home or office."

One painting by Sheila Wissner depicts Miss Charlotta's Tea Room. "When I arrived at the historical village on a rainy November day, I was intrigued by the lacy curtains and old kitchen pump I could see through a window of the tea room. So, I set up an easel under the roof of the nearby packing house to paint this pastel out of the rain," Wissner said.

The exhibit is located in the Shore



Painting of a window in Miss Charlotta's Tea Room by Sheila Wissner photo provided

Haven building and it is open to the public at no charge.

Admission is \$10 per adult; no charge for members and children. The historical village is open Tuesday through Saturday from 10 a.m. to 4 p.m. Masks are required inside the buildings. Guided tours take place at 10:30 a.m. and 1:30 p.m., and advance reservations are not required. There is no additional fee for these tours. The historical village is located at 950 Dunlop Road (next to BIG ARTS). For more information, call 472-4648 or visit www.sanibelmuseum.org.\$\times\$

Island Seniors At The Rec Center

sland Seniors, Inc. is offering the following activities at the Sanibel Recreation Center: Coffee Social – Monday to Friday,

9:30 to 11 a.m.
Bridge – Monday and Wednesday,
12:30 to 3:30 p.m.
Mahjongg – Thursdays, 12:30 to

3:30 p.m.

Euchre – Fridays, 1 p.m. Hot Dog Lunch – Wednesdays, 11 a.m. to noon, Osprey Room Cost is \$3. RSVP to 472-0345.

Page Turners Book Club – Zoom only, second Tuesday of the month, 2:30 p.m. Email sanibelbum22@gmail. com for link.

Meditation – Zoom only, Mondays at 4 p.m. with Christina Shaul. Zoom link: https://us04web.zoom.us/j/79975149 666?pwd=TVd5ZjcxcFptVWRZbGhhVk wyUXFZdz09

QiGong with Paul Lawrence - Zoom only, Tuesday and Thursday, 3:30 p.m. ID: 881 9005 3793 Password: qigong Page Turners book discussion for Tuesday, March 8 is Women Rowing

by Mary Pipher. To be added to the email list, contact Louis Fitzgerald at sanibelbum22@gmail.com or call 304-707-1701.

Kayaking is offered on Tuesday mornings, weather permitting, from 8:30 to 11:30 a.m. Sign ups are in person only at the recreation center. Cost is \$5 for members and \$20 for non-members. Basic skill level required. Restrictions apply. Call 472-0345 for

Leisure Lunchers will be held at Cip's Place on Tuesday, February 22 for Island Seniors members only. Sign up in advance by Friday, February 18. Call Deborah Butler at 314-4554 (you can leave a message) or email deborahpbuterl@comcast.net. Everyone

will order and pay individually.
Florida Repertory Theatre tickets are still available. Call Jessica at 472-0345.

The Sanibel Recreation Center is located at 3380 Sanibel-Captiva Road. For more information, visit www. center4life.com or call 472-0345.\$

Bird Walks With **Audubon Society**

The Sanibel-Captiva Audubon Society is offering bird walks this season. All walks begin at 8 a.m. The season schedule is:

February 19, Pond Apple Park February 26, JN "Ding" Darling National Wildlife Refuge

March 5, Harn's Marsh March 12, JN "Ding" Darling National Wildlife Refuge

March 19, Bailey Tract March 26, JN "Ding" Darling National Wildlife Refuge
April 2, Lakes Park
April 9, Lighthouse Beach Park

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The Magnolia Palace



by Di Saggau

The Magnolia Palace by Fiona Davis is a tantalizing novel in historical fiction at it's best with well-developed characters, detail, art history and mystery. There are two time periods.

In 1919, after her mother dies in the Spanish flu outbreak, young Lillian Carter's life has fallen apart. She had been one of the most sought-after artists' models in New York City, using the name Angelica. Statues of her figure grace landmarks from the Plaza Hotel to the Brooklyn Bridge. Now work has dried up and a scandal has left her in hiding, so she takes employment at the Frick mansion, a building that, ironically, bears her own visage. She works as a secretary for the demanding Helen Frick, daughter and heiress of Henry Clay Frick, industrialist and art patron. While there, her life becomes involved with that of the family, pulling her into a tangled web of stolen jewels and family drama where the stakes could be life or

Some 50 years later, a young

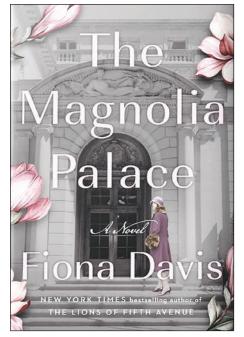


image provided

English model, Veronica Weber, is trying to make her career to earn what she needs to support her family. The former Frick residence is now converted into one of New York City's most impressive museums. She is there for a Vogue shoot and ends up locked in during a storm. This leads her and an intern art curator on a hunt that might solve Veronica's financial problems, and reveal the truth behind a decades-old murder in the infamous Frick family. She comes across a series

of secret messages among the Frick's masterpieces and uncovers a long-lost heirloom.

The dual timelines connect the lives of Angelica and Veronica. Davis smoothly combines fact with fiction and offers memorable descriptions of the fabulous family art collection. I enjoyed reading about her research in the Author's Note section of the book. However, she missed the boat

in one area where someone tells Angelica, "You're not some farm girl from Omaha, who no one has heard of before." There are no farms in Omaha. It's a cosmopolitan, industrial and artistic community. I know, having lived there for nearly 60 years before retiring to Southwest Florida. Outside of that, the research, plot line and characters in *The Magnolia Palace* will keep you entertained throughout.*

School Smart



by Shelley M. Greggs, NCSP

ear Shelley, My second-grade son's teacher mentioned that storytelling is a great learning tool for children. I understand the basic idea of

storytelling, but I would like some more information from you about this activity and why it's helpful.

Francie G, Fort Myers

Francie,

Storytelling is obviously different than story reading but storytelling has a strong developmental and educational impact as well. Storytelling is spoken word without the concrete story book to read from. The pictures are replaced with the facial expressions and gestures of the storyteller. Dr. Rebecca Isbell, an early childhood education speaker, author and storytelling expert, did some research comparing story reading and storytelling with preschoolers and then replicated the same study 20 years later. "Both studies found that the children who had stories told to them comprehended the stories better, retold the stories better and had a higher level of attentiveness compared to those who had the stories read to them'

Samantha Gratton of PBS KIDS, says, "Storytelling connects your child to their imagination and new ideas while also engaging them through the use of words and actions." A learning cue for kids with storytelling is to say to them to make pictures with your minds as you listen to this story. Research has shown that children's brains are activated in a different manner in when they are visualizing storytelling than with picture books. Benefits of storytelling include enhanced imagination, increased vocabulary and improved communication skills.

Storytelling has benefits beyond the developmental and educational ones. It can create a special bond between family members by passing down generational stories. Family histories or a parent's personal growing-up stories are important for children to hear. My children enjoyed storytelling and now my granddaughter seems to enjoy it as well, especially when I make her the heroine of my stories.

Here are some suggestions from Graffton to help make your story telling a big success. She says to, "Act out the voices if you can and add sound effects. Emphasize a repetitive phrase that comes up at certain points in the story, inviting you child to join in each time. Maintain eye contact with the listeners. Make animated faces or gestures. Change the pace of the story to build tension. All of this helps your child understand the story better and keeps their attention.

Before you tell the story, give prompts to set their minds for listening by saying something such as, "Listen to what the character does that's brave." Then discuss the story after telling it. Ask questions such as "Can you believe this happened?" or "How did you feel when...?" and "What do you think this story means?" This promotes critical thinking as they process what they heard. Questions may also indicate what they didn't understand.

Have your child retell the story. Retelling the story shows what they comprehend and gives your child the opportunity to share their own perspective. Encourage them to tell the same story to another family member or friend. Adding helpful prompts like, "And then what happened?" helps children remember the story arc and structure while retelling. You can also retell the same story again to them later, adding in new details or surprises.

Adding storytelling to your repertoire of literacy activities with your children will yield many educational benefits and add to the warmth and closeness of your relationship with your children.

Shelley Greggs is former faculty at Florida SouthWestern State College, where she taught psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. To contact her, email smgreggs@gmail.com or visit www.schoolconsultationservices.com.

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BIG ARTS Ethics In Film Series

This Year's Lineup



by Ron Green

his March will mark the fourth year that the BIG ARTS film committee is offering its popular Ethics in Film series. This year's films are Eye in the Sky (March 2), The Courier (March 9),

Minari (March 16) and Darkest Hour (March 23). The films will be shown in Christensen Performance Hall at 3 p.m. I will lead a discussion following each film.

I have applied three criteria in selecting this year's films. Each must be cinematically excellent; each must raise challenging ethical questions; and each must convey important ethical lessons.

The first film, Eye in the Sky, stars Dame Helen Mirren as British Col. Katherine Powell, commander of a remote high-flying drone mission against a group of known terrorists in Kenya. We watch as the terrorists arrive at a safe house, where local electronic intelligence reveals them to be planning a suicide mission. As an American-based pilot prepares to launch a Hellfire missile into the house on the colonel's orders, a 9-year old girl arrives and sets up her bread-selling table next to the building's wall. Minute by minute, the missile launch is delayed in the hope that when the girl's small stock of loaves is sold, she will leave the kill zone. With the girl's life hanging in the balance, British and American leaders weigh the benefits and risks of the mission, and rights and

The second film, The Courier, is based on real events. In the run up to the Cuban Missile Crisis, Britain's foreign intelligence agency MI6 has recruited as an informant Oleg Penkovsky (brilliantly played by Merab Ninidze), a high level Soviet bureaucrat who has access to military secrets. Now, MI6 needs an absolutely unsuspected civilian to serve as a courier. A salesman of valued Western machine parts, Greville Wynne (Benedict Cumberbatch) fits the bill. At great risk to Penkovsky and himself, Wynne must travel back and forth to Moscow, establish a believable business relationship with Penkovsky and bring back secret Soviet documents. As the dangers for both men mount, their friendship deepens.

The Courier raises the questions of when, if ever, treason is morally justified, and how far one may go in risking one's family to act on a higher duty. Beyond these questions, The Courier leads us to ask "What is courage?" and "What is friendship?

The third film, Minari, returns us to the intimacy of family life. Inspired by the experiences of its director, Lee Isaac Chung, who grew up in Lincoln, Arkansas, Minari tells the story of a family of South Korean immigrants who move in 1983 from California to Northwest Arkansas to start a farm on 50 acres of land. Seeing an opportunity

to provide Korean fruits and vegetables to the growing Asian market in Dallas, the ambitious paterfamilias, Jacob Yi (Steven Yeun), relocates his reluctant Korean-American family, including his skeptical wife, Monica (Yeri Han), and their two children. With few resources and little support, Jacob nourishes the dream of creating an Eden in the rich dark soil of rural Arkansas.

But immigrant dreams rarely go as planned. Misfortune follows misfortune until Monica declares her intention to return to California, taking the children with her. Minari raises ethical questions faced by millions of immigrants over the centuries who came to America's shores. Is it wise to leave an impoverished but familiar homeland for the mere hope of a better life? How does that choice affect one's relation with family members left behind? How can one adapt one's differences – including race, ethnicity, religion or language - to a new and different culture? And if the Promised Land offers a living no better than the homeland's poverty, does one dare risk everything to start a business?

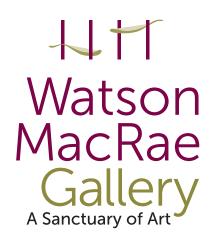
The fourth and final film is Darkest Hour. It is mid-May 1940. France is on the verge of collapse as Nazi forces race unimpeded to the Channel. Newly installed as prime minister, Winston Churchill (convincingly played with prosthetic jowls and paunch by Gary Oldman) inherits the disaster he had long predicted. Nothing about the future that we now take for granted - Churchill's secure hold on power or Britain's survival in the Battle of Britain - has yet occurred. As retreating British soldiers are pressed against the sea and bombarded on the beaches, the successful evacuation at Dunkirk is unimagined.

Churchill's foe in the inner cabinet is the appeasement-minded holdover from Neville Chamberlain's cabinet, Foreign Secretary Lord Halifax (Stephen Dillane). Fearing that an impending Nazi aerial assault will lead to the deaths of thousands in a lost cause, Halifax urges the inner cabinet to accept the offer of a negotiated settlement with Hitler. Churchill demurs, angrily telling the cabinet "You cannot reason with a tiger when your head is in his mouth.

Thanks to 20-20 hindsight, Churchill's decisions during this fateful month of May 1940 seem inevitable and wise. But Darkest Hour returns us to the real ethical questions facing Britain's leaders. Is it wise to fight on when bloody defeat looms and the alternative of peace at a price is being offered? Can a courageous leader, however brave he might be, ethically choose to risk the lives of thousands of innocent civilians? In this and other films in this series, we get the chance to think through some our most persistent and challenging ethical dilemmas.

Tickets are \$10, available in advance or on the day of the film at the BIG ARTS box office, located at 900 Dunlop Road on Sanibel. For more information, call 395-0900 or visit www.bigarts.org.

Ronald M. Green is a Sanibel resident and professor emeritus for the study of ethics and human values at Dartmouth College.☆





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FEBRUARY 18, 2022

Peek At The Unique Home Trends With Zonta

submitted by Sue Denham

Twenty years after launching the first Peek at the Unique home tour, the Zonta Club of Sanibel-Captiva is delighted to announce the latest incarnation of its annual fundraiser: Peek at the Unique Home Trends. Set for Saturday, March 19 from 9 a.m. to noon at The Community House, it will feature a buffet brunch followed by premier local providers discussing their expertise in home design and construction, décor and landscaping.

Sponsors and presenters are: Architecture Joyce Owens; Clive Daniel Home; Dan Hahn Custom Builders; John Grey Painting; VIP Realty Group; and RS Walsh Landscaping. Many of the presenters are longtime sponsors of the Peek at the Unique home tour.

Zontian Judy Langley, chair of fundraising, said, "This event honors



Interior from the design team at Clive Daniel Home. These and other trends will be discussed at Zonta's Peek at the Unique Home Trends.

Zonta's 20-year tradition of introducing unique homes but goes a step beyond. Currently, we can't take 'Peekers' on a

tour of the great work being done in our island homes, so we created an event to connect homeowners with knowledgeable,

local professional firms and designers who do this work, showcasing the latest trends."

What would have been the 19th annual home tour in March 2020 was canceled at the last minute by the pandemic. Last year, Zonta organized two online auctions featuring art and furniture items crafted by local artists. Now, as pandemic restrictions are eased, Zonta's new event will start with a brunch buffet – included in the ticket price of \$75 – followed by professional presentations and ending with a session for audience questions.

The original guided tour raised hundreds of thousands of dollars, awarded in grants to area nonprofits whose work seeks to improve women's lives. Through Zonta's foundation, a 501(c)3, over \$1.1 million was raised and distributed in the past 20 years.

As always with Zonta community events, all proceeds will be directed to the foundation for distribution in grants to area nonprofits whose mission mirrors Zonta's own: empowering women. For more information and tickets, visit www. zontasancap.org.

Lecture On The Revolution And Modern Day

Pulitzer Prize-winning author Rick Atkinson is next up in the BIG ARTS Talking Points series on Thursday, February 24 at 4 p.m. in Christensen Performance Hall. Tickets are \$25 for inhall seating and \$20 for live virtual.

Atkinson's books bring vivid detail to many of the most memorable phases of American military history. In his hands, the story is not just about the generals and the politicians, but about the soldier, the sailor and the Marine. Atkinson will look back on his most recent effort, *The British Are Coming!*, the first of a planned three-volume work on the American Revolution.

"I'm going to talk about the first couple of years of the Revolution," Atkinson said, "on the theory that it informs who we are, where we came from, what our forebears believed, and tells us something about America in the 21st century."

Regarding what he sees in common day with predecessors in 1775, Atkinson said, "One thing is, we were born bickering. We derive from a very fractious people. Trying to find out what it is that



Rick Atkinson

they were willing to die for is a really interesting exercise."

The American Revolution's credo

of independence and equality was inspirational not only on these shores, he observed, but around the world. "The fundamental notion that all men are created equal, which was aspirational in 1776, that aspirational credo certainly

photo provided

has persisted, imperfectly – is still aspirational," he said. "It was inspirational globally and I think it is still inspirational."

Atkinson will also take questions on his previous works. A former *Washington Post* reporter and editor, he has written about Vietnam (*The Long Gray Line*), the Persian Gulf War (*Crusade*) and the Iraq War (*In the Company of Soldiers*).

His Pulitzer Prize-winning Liberation Trilogy, a three-volume effort, recounts the America military's experience in World War II and was called a "monumental achievement" by The New York Times.

In addition to his many awards, Atkinson's work has led to service in an academic post at the U.S. Army War College and as a presidential counselor at the National World War II Museum in New Orleans. Born in Munich, Germany, he is the son of a U.S. Army officer and grew up on military posts.

Audience questions are encouraged, and attendees are invited to stay for wine and cheese following the lecture. Autographed books will be available for sale courtesy of MacIntosh Books & Paper.

The final program in the Talking Points series will be Ann Hagedorn, The Spy Who Got Away, scheduled for Thursday, March 10. Hagedorn is an award-winning author and her latest book, Sleeper Agent, tells a chilling story of an American-born Soviet spy involved with the atomic bomb project during World War II. Hear the true story of the Red Army-trained spy who blended into American culture and got away after sending crucial details to Moscow to help build the Soviet's first atomic bomb. Hagedorn will share her insights into the

continued on page 4B

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At the Talking Points program with Sarah Chayes titled Fertile Ground Where Myth And Science Meet, from left, Arlene Dillon, Carolyn Rogers, Sarah Peck, Sarah Chayes, Sally and Al Hanser, Elise Hanser, Heidi Gross and Michele Eddy

he first three Talking Points lectures at BIG ARTS, sponsored by The Sanibel Captiva Trust Company, presented with a variety of speakers and subjects from cuisine and race relations to myth, science and international affairs. Hundreds of patrons experienced the

vTalking Points programs live from the comfort of their homes.

BIG ARTS thanks the trust company for supporting the series. For more information on BIG ARTS programming, www.bigarts.org.☆

Bank Sponsors Historical Gala



Sanibel Captiva Community Bank team members, from left, Alex Martinez, Sheri Prange, Malorie Bega, Gaby Bell, Mona Strasser and CEO Craig Albert

anibel Captiva Community Bank is a silver sponsor of the Sanibel Historical Village Gala Movie Premiere, scheduled for Tuesday, February 22 with a showing of the documentary Secrets & Stories of the Sanibel Lighthouse.

"'Community' isn't just part of the bank's name, it's a commitment that shows in everything they do," said Historical Village Executive Director Emilie Alfino. "The bank has supported so many community organizations and

has been a sponsor of our fundraisers for many years. It's island businesses like this one that make Sanibel what it is - and that help us preserve, share and celebrate Sanibel's rich history.

For more information on a business or individual sponsorship, call Alfino at 472-4648 or 357-1644.

The Sanibel Historical Museum and Village is open Tuesday through Saturday from 10 a.m. to 4 p.m., located at 950 Dunlop Road (next to BIG ARTS). There is handicap access.☆

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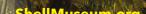
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The Sanibel-Captiva Kiwanis Club heard from speaker Tom Uhler, right, at a recent breakfast meeting

its completion, with a goal to raise \$626,000 from Sanibel and Captiva,

submitted by Tom Sharbaugh

Campaign

Kiwanians Hear

About Annual

on Uhler, longtime member and past chairman of the Sanibel-Captiva United Way campaign committee, spoke to the Kiwanis Club recently on the important work United Way does in addressing the social service needs of our community. United Way's annual fund drive is nearing

part of a larger \$11,300,000 goal for the three-county area (Lee, Glades and Hendry counties).

Sanibel and Captiva represent an important pillar of support to United Way's overall operation, and members of the Kiwanis Club are very engaged in supporting the United Way agency at a significant level, so they were keen to hear Uhler's report. The mission of United Way to provide social services and meet human needs in the larger community is closely allied with the club's

focus on addressing the education and wellbeing needs of local youth.

photo provided

Uhler explained how the United Way organization makes efficient use of the money it raises by keeping its focus on the specific needs of our area and by spreading its support across 90 different local partner agencies. Last year, United Way support affected one in two people in the three-county area, with over 92 percent of every dollar being placed in the community.

In his presentation, Uhler underscored the great need present in today's population and how our local United

Way organization is extending its reach to help. With a program called United Way 211, they have made available a 24-hour helpline that people can call for referrals to health and social services needs such as food, housing, child care and veterans services. This allows people in need to navigate a system that can be complicated and sometimes overwhelming. Last year, the 211 Helpline received over 65,000 calls, an indication of the need that is out there.

Uhler concluded with a reminder that the annual United Way Campaign is in its final weeks, and public support is welcome and timely.

Kiwanis holds weekly Tuesday breakfast meetings at The Dunes Golf & Tennis Club starting at 8 a.m. Most meetings feature a guest speaker talking on topics of local interest. Anyone interested in becoming a member of the

From page 1B

Lecture

process of writing literary nonfiction, with an emphasis on the fine art of story structure as represented in Sleeper Agent, published by Simon & Schuster in 2021.

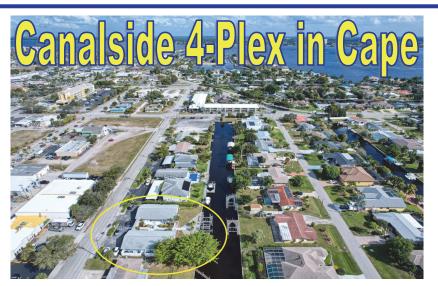
BIG ARTS Talking Points series is sponsored by The Sanibel Captiva Trust Company. Tickets are available online at www.bigarts.org, by phone at 395-0900 or at the box office, located at 900 Dunlop Road on Sanibel. See website for box office hours.☆



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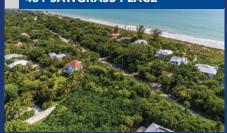
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Presentation in Sanibel City Council chambers

Leadership Class Hears Latest On Local Issues

The first Leadership Sanibel-Captiva full-day session took place on January 26 and focused on city and county government. The inaugural class heard from Sanibel Mayor Holly Smith, City Manager Dana Souza and the heads of local government departments. They discussed how each department interacts with the public, what issues are "front and center," and the city's role in creating and

photos provided

supporting community solutions.

Following the morning session, the class traveled to Fort Myers and met with District 1 County Commissioner Kevin Ruane and David Mintz, vice president of Captiva Community Panel and chair of the panel's code and ordinances committee. Ruane and Mintz outlined the structure of each entity they represent, the roles they play, and discussed the current projects and partnerships that are being formed to address the issues surrounding environment and water quality.

Environment Day followed on February 2 and was a look at the diverse role of several environmental organizations in

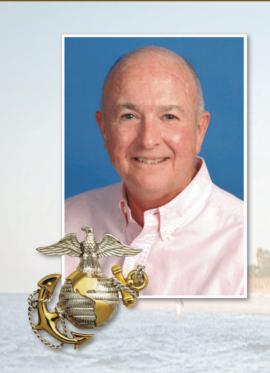


From left, Jim Brady, Calli Johnson, Annie Campbell, Bob Wiesemann, Elizabeth Piersol, Joey Almeida, Jane Majeski, Susan Ryckman, Ger Ronan, John Silvia and Mike Wood

addressing issues of sea rise, climate change, animal protection and education. The program was hosted by Sanibel-Captiva Conservation Foundation (SCCF) and CEO James Evans. This session dug down a little deeper into the critical issues of climate change, water quality, research and SCCF's role in addressing the environmental issues brought forth in the previous two class sessions: the opening presentation by Porter and Chauncy Goss and Government Day. By traveling to each of the following organizations, the class got a comprehensive look at some of the organizations in the mosaic

of partners handling various aspects of environment education and protection on Sanibel and Captiva: Clinic for the Rehabilitation of Wildlife (CROW), JN "Ding" Darling National Wildlife Refuge, Captiva Erosion Prevention District and SCCF Marine Lab.

"We are excited to see a new leadership community orientation program on Sanibel and Captiva and applaud CFI for creating it. Future engaged leaders are the linchpin for the preservation of the extraordinary life we enjoy on Sanibel and Captiva," said



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The Sanibel Captiva Trust Company

A Charitable Alternative



by James McArthur, Senior Vice President Family Office Services

s we make decisions to support charities each year, we want our donations to be efficient and

effective in terms of serving those in need. In other words, we want as much of our donation dollar to benefit the intended charity. Donor-advised funds (DAFs) are becoming an increasingly popular method of charitable giving due to ease of administration and favorable tax treatment.

A DAF is essentially an investment account created for the explicit purpose of donating assets to charities where the investments are directed by a third party or a sponsor supporting respective charitable organizations.

	Donor Advised Fund (DAF)	Private Charitable Foundation (PCF)
Time to Establish	Immediate	30- 120 Days
Start-Up Costs	None	Legal & Accounting Fees - Varies
Privacy	Anonymous	Disclosures - Federal Tax Return
Tax Deductions	60% of AGI	30% of AGI
Required Distributions	None	5% of Net Asset Value
Excise Tax	None	1.39% of Net Income
Admin. Fees	.75% -1.50% Annually	2.0% - 4.25% Annually

image provided

Donor-advised funds have been around since the 1990s, but their use dramatically increased following the 2017 tax code changes. These provisions significantly increased the standard tax deduction for individuals and married couples, making it far more difficult to claim deductions for charitable giving.

DAFs can be funded with cash, marketable securities or other assets, and are eligible for immediate tax deductions based on the value donated even if the fund doesn't disburse the assets to charities for several years. Because these funds can include many types of assets, including unusual and illiquid items such as art or antiques,

which are difficult to give to charity, those items can be monetized to increase tax-deductible donations in any given year. This gives donors more flexibility on donations. Donors can also maintain their current investment

advisor to manage assets in a DAF.
Historically, Private Charitable
Foundations (PCFs) have been used by families with charitable aspirations to channel assets and earnings to qualifying 501(c)3 organizations. While PCFs have greater administrative control over assets, distributions and grants, they are relatively cumbersome to form and expensive to maintain. Private foundations are responsible for documenting their own governance as well as filing annual federal tax returns. DAFs, conversely, require neither and can be set up in a matter of days. In addition, DAFs are more tax efficient and private in terms of anonymity compared to PCFs. DAFs do not require disclosure of "public" information included in tax returns. Private foundations are required to distribute five percent of net asset value on an annual basis. DAFs have no annual distribution requirement and are not subject to excise tax on net income. Assets invested in a DAF can appreciate tax-free. Favorable market conditions coupled with a lack of mandatory distributions can make DAFs an appropriate vehicle to facilitate asset growth before distributions are made

to charities.

While DAFs offer efficiency and flexibility, there are notable restrictions. Donor control is a primary distinction between DAFs and PCFs. When donors make contributions to DAFs, they are gifting assets irrevocably to a qualifying charity. Once gifted, the sponsoring charity cannot return the assets to the donor. By definition, donors have only advisory privileges to grant the assets in their DAF, and the charitable sponsor has the authority to approve or deny their recommendations. PCFs allow donors to control grants and distributions to qualified charities.

The charitable sponsor's policies dictate how the DAF will succeed the donor. Some allow the donors to advise for only one generation, thereby passing the control of the DAF to the sponsoring charity after the death of the original donor. It is not uncommon for the sponsor to permit donors to appoint "Legacy" successors who receive the full advisory privileges on the original donor's death, allowing the DAF to exist in perpetuity. In such cases, succession of a DAF is similar to a PCF, allowing generational involvement to maintain a family's giving legacy. Existing PCFs can also be converted into DAFs.

If a family or an organization has generational charitable goals, DAFs can be a very effective method of giving and should be among the charitable donation options you consider. As with any financial decision with tax implications, we encourage you to consult your financial and tax professionals.

This information is not intended to be and should not be treated as legal advice, investment advice or tax advice. Readers, including professionals, should under no circumstances rely upon this information as a substitute for their own research or for obtaining specific legal or tax advice from their own counsel.☆



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From left, Sharon Michie, Cottages to Castles; Marla Conroy, American Captiva Realty; Alan Garcia, American Captiva Reality; and Patience Rodriguez, Select Vacation Properties photo provided

Local Companies Help Pack Food For Children

embers of the Sanibel Captiva Vacation Rental Managers Association (SCVRMA) donated their time to hand pack meals for Feed My Starving Children, a Christian nonprofit organization. Its mission is to feed starving children in hard to reach and hard hit areas, providing them with

both nutrition and hope.

A total of 20,502 meals were bagged within two hours from the combined efforts of all volunteers. This will feed 56 children for an entire year. For more information, visit https://www.fmsc. org/. Your time and donations save lives

and provide hope.

Members of SCVRMA are VIP Vacation Rentals, Sanibel Holiday, Island Vacations, SBL Vacations, Royal Shell, Select Vacation Properties, American Captiva Realty, Cottages to Castles and Resort Harbour Properties.☆

Rotary **Happenings**

submitted by Cindy Carter



hat if all social media had to meet the Rotary 4-Way Test? Michael Young An interesting



thought indeed, brought up this week by new Rotary member Michael Young as he discussed his understanding of the relationship between mass communication and Rotary's 4-Way

Young has enjoyed a very multidimensional career, from performer, producer to businessman. And with his many years of experience in television, he explored this relationship of Rotary's 4-Way Test alongside the metamorphosis of mass communication. In the beginning, television was regulated through airwaves of three major channels that were owned by the public. Then came the introduction of cable television with many more options, which the

marketplace would come to regulate. Unfortunately, this marketplace regulation has allowed for a lack of common sense and censorship, leading to a free-for-all on television as well as the Internet.

Young was introduced to Rotary recently by a friend and was intrigued by Rotary's 4-Way Test, which asks the questions: Is it the truth? Is it fair to all concerned? Will it build goodwill and better friendships? Will it be beneficial to all concerned? It is fair to say that while there is a time and a place for all types of mass communication, the general public forum would be best served if it was to ask itself the questions posed by the 4-Way Test? Just sit back for a moment and imagine the changes to television programming if that were to happen.

Young is a multiple award-winner as host and star of some of television's most innovative programs over 20 years. His on camera career spanned network and local broadcast television, as well as helping to launch many of today's favorite cable networks.

The Sanibel-Captiva Rotary Club is holding meetings on Zoom and in person at The Community House, 2173 Periwinkle Way. Doors open at 6:45 a.m. and the meeting begins at 7:15 a.m. Email william.harkey@ gmail.com by the Tuesday before the meeting if you would like to attend in person. All are welcome. For more information, visit www.sanibelrotary. org.₩





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New Slate Of Officers Named

The Horizon Foundation, a charitable organization which raises private sector funds to support the marketing efforts for Lee County Office of Economic Development, and the Horizon Council, the only public-private advisory board to the Lee County Board of Commissioners, named its board of directors recently.

Named to the seven-member executive board of the Horizon Foundation were: President Christopher Spiro of Spiro & Associates Marketing, Advertising, Public Relations, and Brand Architecture; Vice-president Matt Roepstorff of Gray Robinson; Secretary Ryan Carter of Scotlynn USA; and Treasurer Sandy Stilwell of Stilwell Enterprises.

The Horizon Council named Holly D. Smith, mayor of the City of Sanibel and Lee County hotelier, as council



From left, Dan Eveloff, Holly D. Smith and Christopher Spiro photo provided

chair; Mark Stevens, president of Stevens Construction, as vice-chair/nominating committee; Kristy Knupp, SVP, of Ascend Wellness Holdings, as treasurer; and Guido Minaya, CEO of Minaya Global Learning Solutions, LLC, as secretaru

As president of the foundation, Spiro also is a member of this board. Smith serves as an ex-officio member and advisor to the foundation board.

Voting members of the Horizon Foundation board also include the immediate past president of the Horizon Foundation, Dan Eveloff of Regions Bank; the chair of the Lee County Industrial Development Authority, Robbie Roepstorff of Edison National Bank; and the director of the Lee County Economic Development office, John Talmage. In addition, two new members-at-large were elected at the foundation's annual meeting. These two individuals will represent Horizon Foundation investors and were nominated and elected by peer investors. Fred Edman of Wright Construction Group and Matt Price of Seagate Development Group are the new at-large members. Dilman Thomas, executive director of the Horizon Foundation, is the organization's business community liaison and first executive director in the organization's history.

Over the past 30 years, the Horizon Council and Horizon Foundation have been instrumental in bringing major companies to Lee County, including Gartner, Arthrex, Chicos FAS, as well as numerous other businesses. The foundation continues to push for higher wages for workers, attainable housing and a better educational system, investing in infrastructure and raising the standard of living and quality of life for residents.



Jerry Edelman is one of the Kiwanians who will be selling Diner's Delight coupon books

Kiwanis Coupon Books Coming

embers of the Sanibel-Captiva Kiwanis Club of are gearing up for sales of the 2022 Diner's Delight coupon books, which feature buy one, get one discounts at participating Sanibel and Captiva restaurants. The coupon books will be available on March 15 at select business locations or by contacting a Kiwanis member.

Kiwanis sells the coupon books to raise money for grants and scholarships for island children.

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From left, Rotarian Chet Sadler, Ken Gill, Karen Gill, Madeline Fischer, Jerry Welker, Rotarian Bill Harkey, Sue Burnett and Rotarian Paul Prestia photo provided

'sland Taxi is a bronze sponsor of the Sanibel-Captiva Rotary Club Arts & Crafts Festival, scheduled for Friday and Saturday, February 19 and 20 at The Community House.

Karen Gill of Island Taxi said, "We are proud to be a part of growth on

Sanibel. Since beginning operations in 2016, we have always believed Island Taxi should strive to be 'More than just a ride.' We thank SanCap Rotary for the good works they do locally and around the world. We are proud to do

Golf Tournament Sponsor



From left, Marty Harrity, Joe Harrity, Brenda Harrity and Katy Forret of Doc Ford's with Amy photo provided Clapp, co-chair of Play for PINK

oc Ford's Rum Bar and Grille is a corporate sponsor for the annual Play for PINK charity golf tournament, which will take place on Saturday, March 26 at The Dunes Golf & Tennis Club. In 2021, the sponsorships, golf tournament, challenge fund and virtual auction raised over \$47,000, which was sent to the Breast Cancer Research Foundation. Thanks to the underwriting by The Estee Lauder Companies' Breast Cancer Campaign, 100 percent of the funds raised go directly to breast cancer research. The foundation is the highest rated breast cancer charity in the U.S.

Over 120 golfers will tee-off at 8:30 a.m. Players will purchase mulligans, raffle tickets, pay-the-pro tickets and

participate in putting and closest-to-theline contests. Prizes will be awarded to the first place men's, ladies and mixed teams. A helicopter ball drop has been added this year, with chances available for purchase. For more information, registration or sponsorships, visit www. playforpink.org/thedunes.

In addition to the golf tournament and luncheon is a virtual auction that will go public the week leading leading up to the golf tournament. You can preview the virtual auction items online starting on Saturday, March 19. Bidding goes live at noon on March 23 and will close at 6 p.m. on the day of the tournament. Winning bidders will pick up their items at The Dunes on Monday, March 28.☆



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Superior Interiors

Looking For New Color Ideas?



by Jeanie Tinch

f you are looking for some new color ideas for your decorating, Sherwin Williams introduced four new color palettes at October's High Point, North Carolina home furnishings market.

The company's seminars are always well attended by interior designers during our professional furnishings market.

We all know color is more than just color. There is so much more to color that what meets the eye. It's a part of our identity and it moves us. It has the power to change the very essence of everything it touches. Color can set a mood, create a conversation, soothe and ground us.

The first palette introduced is called Method - described as conveying "nature's processes, the gentle acts of becoming, showing themselves in a collection of organic neutrals and tonal luxury." If you like the natural order of things, with a touch of art deco, this collection of colors is for you. Method's nine colors are: accessible beige, evergreen fog, urbane bronze, uber umber, woven wicker, shoji white, chartreuse, bakelite gold and beige.

Why not, create "a masterpiece of your own making," with some of the colors in Opus. The Opus palette of dusky deep tones and unexpected accents was created to be a new kind of classical, to set drama and emotion to art of good style, and to never, ever fade into the background. Influenced by modern materialism, glam industrial, theater and moody eclectic, the colors are cocoa whip, garret gray, iron ore, aleutian, coral clay, naval, samovar silver, red bay and blackberry.

For those looking for a bit of whimsy, consider the Dreamland palette. It will set yourself adrift in a fantasy realm of pearlescent tones, new-growth greens and lavish pinks that will create a space where fresh ideas flourish. The Dreamland colors consist of high reflective white, natural linen, rose tan, rosemary, felted wool. cucuzza verde, lite lavender, rosé and

Honoring the timelessness of sleek and functional midcentury modern design, the ephemera palette is a play on primary color. Each shade was carefully chosen to evoke the fond remembrance of what once was and the unwavering optimism of what could someday be. The colors of ephemera are alabaster, pink shadow, sierra redwood, peace yellow, inky blue, cascades, moody blue, basque green and rejuvenate.

Are you ready to try some new colors combinations in one of your rooms? With literally thousands of paint colors to choose from, consider consulting a design professional. An expert can assist you in making the most of your space with the use of color and avoid costly mistakes.

Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at jeanie@coindecden.com.☆

LCEC Employees Pay It Forward

racking volunteer hours is all part of the Lee County Electric Cooperative (LCEC) Pay It Forward program which began in 2016 to encourage volunteerism and support employees' efforts to give to their favorite qualifying nonprofit organization. In essence, employees who volunteer and track volunteer hours can earn Pay It Forward donation dollars to be awarded to a 501(c)3 charity of choice. LCEC employees who volunteer between 50 and 100 hours in the community can designate a nonprofit organization to receive up to a \$100 donation.

Each year since the program's inception, several LCEC employees have surpassed the annual 500-hour mark of community service. The most recent 500 club members will each be entered into a drawing and one of these five employees will be the winner of an additional \$500 for the charity of their choice.

In just one year, these five LCEC employees gave of their time and talents to volunteer more than 3,134 hours in the community. One of these employees volunteered more than 950 hours.



Cycling Classes Now Offered

he Sanibel Recreation Center has added cycling classes with Dalia Jakubauskas on Tuesdays and Thursdays at 5:30 p.m. and on Fridays at 8:30 a.m. For more information, call 472-0345 or visit www.mysanibel.com.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. 以

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Director To Discuss Mosquito Control



Lee County Mosquito Control skimmer crew

he Clinic for the Rehabilitation of Wildlife (CROW) speaker series continues on Tuesday, February 22 with Sixty Years of Innovative Mosquito Management presented by Eric Jackson, deputy director of public information and education at Lee County Mosquito Control District.

photo provided

Jackson started with Lee County Mosquito Control District in 2010 as an education resource specialist. Prior to that, he was a teacher in the Lee County school system, serving as a classroom teacher and curriculum specialist. He began his work leading the district's public information and education department in

2017. His professional interests include developing new ways to enhance the public's understanding of vector control, building partnerships with other local agencies dedicated to public service, and keeping up to date on conservation and environmental issues.

Since its inception in 1958, the Lee County Mosquito Control District has provided mosquito abatement for the citizens and visitors of Lee County using innovative control technologies that are effective and sensitive to Southwest Florida's natural habitat. This presentation will provide an overview of the district, the

various methods used to protect public health and provide a comfortable outdoor environment, and plans for the future.

Programs begin at 4:15 p.m. and are approximately one hour in length. This talk will be presented in person at CROW's Visitor Education Center and will also be offered virtually through Zoom, so advance registration is required. Admission is \$10 per person plus applicable taxes and fees. To reserve your spot, visit http://www.crowclinic. org/articles/2022-speaker-series or call 472-3644 ext. 222. For the full schedule, visit www.crowclinic.org.☆

Red Sox Hosting Open House At JetBlue Park

he Boston Red Sox will host a family-friendly open house at JetBlue Park in Fort Myers this Saturday, February 19 from 11 a.m. to 3 p.m. The free event will include activities for children such as face painting, inflatables, a magician, scavenger hunt and discounted concessions.

In addition to the activities taking place for families, the open house will continue a long-held tradition of hosting a blood drive, in partnership with One Blood, to help with the ongoing blood shortage in Southwest Florida.

Through a partnership with Community Cooperative, the open house

will also serve as a canned food drive. Visitors are asked to bring non-perishable food items including meat-based canned soups/stews, nut butters, bags or cans of dried beans and peas, whole grain cereals, bags of plain rice and pasta, barley and quinoa, canned fruits and canned vegetables. The mission of Community Cooperative is to eliminate hunger and homelessness in Lee County while simultaneously inspiring and supporting sustained positive change in its clients by delivering innovative food, education and social service programs.

The Lee County Sheriff's Office Swat Team and South Trail Fire Department will also be on hand during the open

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JetBlue Park at Fenway South is located at 11500 Fenway South Drive in Fort Myers. For more information, call 226-4783.



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1. ONE HOME BACK FROM THE BEACH ON **WIGHTMAN LANE - CAPTIVA**

- 3 BR + den/4 BA remodeled home featuring a unique reversed floor plan, taking advantage of daily Gulf views & sunsets
- Stone fireplace, wood floors, vaulted ceilings, multiple lanai's, a luxuriously remodeled master suite, and grotto style pool & spa with outdoor bar area
- \$3,395,000 EURO 2,969,175

2. BUCK KEY - CAPTIVA

- One of the last remaining buildable tropical islands, Buck Key provides a once in a lifetime opportunity located just across the Roosevelt Channel from Captiva Island. Offering 14.13 acres of stunning land and water frontage along the channel - Develop your own family compound, corporate retreat, private club or wherever your vision takes you. \$22,000,000 EURO 19,457,403

3. SUNSET CAPTIVA 57 - CAPTIVA

- 2 BR/2 BA plus loft charming home with updated kitchen, vaulted ceilings, fireplace, and multiple lanais
- Community amenities include beach access, pool, tennis, shared dock, fishing pier, and more
- \$1,399,000 EURO 1,238,674

4. REMODELED DIRECT ACCESS BASIN HOME ON **LIMPET DRIVE - SANIBEL**

- Enjoy one of the island's newest remodeled homes featuring 4 BR/2 BA with completely remodeled interior & exterior, hurricane-rated windows, deep water Gulf access, travertine pool and over \$100k of decorator
- Completion scheduled for June 2022, more details available
- \$3,250,000 EURO 2,913,361









5. WEST END CANAL HOME - SANIBEL

- 3 BR/ 2.5BA home on Sanibel's west end with refurbished boat dock & lift
- Cozy coastal style, new roof, new pool pump, offered fully furnished with new furnishings
- \$1,495,000 EURO 1,316,525

6. BEACH HOME IN THE DUNES - SANIBEL

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7. CAPTIVA HIDE-A-WAY - CAPTIVA

- 2 BR/ 2 BA waterfront condo with daily sunrises and a short walk to the Captiva Village and beaches
- · Community amenities include boat dock, Bayfront pool, exercise room, grills, and more
- \$1,350,000 EURO 1,195,177

8. GULF FRONT PENTHOUSE AT JUNONIA

- 4 BR + den/ 2 BA top floor penthouse featuring panoramic views of the pristine beaches and Gulf along West Gulf Drive
- Vaulted ceilings, clerestory windows, updated kitchen with island, remodeled baths, wet bar, plantation shutters, coastal décor, and covered parking
- \$2,990,000 EURO 2,614,973





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Will Power

The Greatest Man I Ever Met



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Thirty years ago, a man I barely knew hired me as an associate attorney in his law firm. It was the most fortunate day of my career. That man was John W. Sheppard, who sadly passed away on February 4 at the age of 89

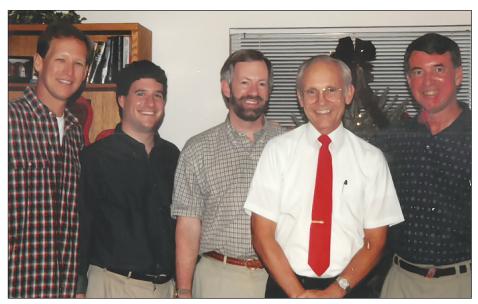
While I was unaware of who he was at that time, as I had then resided in Fort Myers for less than two years, Mr. Sheppard was and remained a local legend. He and his wife, Ellen, transformed our community through altruism, philanthropy (he was a founding father of the Southwest

Florida Community Foundation) and faith. They donated the chapel at Golisano Children's Hospital and supplied thousands of Teddy bears to hospitalized children over several decades. He held the *Guinness Book of World Records* title for donating blood, over 47 gallons at the time of his passing. He served on FGCU's Planned Giving Council and taught Sunday school as a deacon in his church. Having lost a son to suicide, he counseled countless parents who lost children. Detailing all of his and Ellen's good work would require volumes, so I'll leave it at that.

I was a mere 28 years old and three years out of law school when Linda Treise, a local CPA, knew that John was looking to retire because of health issues and that I was an ambitious young attorney hoping to make a name for myself. She introduced us at a tax lecture I was giving to other professionals. We shook hands and set up a time to have lunch.

During my interview, I asked Mr. Sheppard if I, being of the Jewish faith, would cause problems, as he was such a strong presence in his church and many of his clients were devoutly Christian. "Craig, I don't believe so but if any feel that way, that's their problem, not your problem," was his answer. I was hired by John and his two law partners, Jay Brett and John Stewart, who remained my law partners until their retirements.

Another question I asked during the interview was whether his office had sufficient work for me. With a wry smile he said, "I think so." I no sooner settled in to my desk at our old office on West First Street than I was under an avalanche of files. "Pace yourself, Craig. It's like shoveling sand at the beach," he'd say,



From left, D. Hugh Kinsey, Jr. Craig Hersch, Jay Brett, John Sheppard and John Stewart photo provided

motioning with his arms, "You no sooner pitch a shovel full over your shoulder than the hole fills up again!"

The plan was to work alongside John for two years before he called it a career. During our first year together, I learned more about being a lawyer than I ever learned in law school. John was caring, empathetic and practical. When an unusual issue came up in a probate, for example, and there was no Probate Rule on point, John would fashion a petition to the court and an order for the judge to sign while not directly on point with any statute; it just made sense. I don't remember one that was ever rejected.

He was always bright and cheerful with our staff. I never heard him raise his voice, although there were plenty of incidents that would cause almost any other person to do so. He charged fairly. In the rare instances involving a complaint over a bill, he'd nevertheless acquiesce to the client. "Pay me what you think it's worth," he'd say and accept whatever it was, although that would be the last bit of legal

continued on page 20B

How's The Market? Ask Ann

I can save you thousands in commission.

For single family home buyers wanting to buy a 3 bedroom home on Sanibel under \$1,000,000, the supply is very limited. As I write this article, there are only 13 homes for sale. The homes under \$1,000,000 are 2 bedroom homes starting at \$899,000.



Ann Gee Broker/Owner

Recent "pending" sales have prices between \$1,750,000 and \$2,300,000, generally characterized by offering additional square footage, premium lot locations and being well maintained. Gulf and Bay front homes are in very short supply with just 1 bay front home at \$6,395,000 and 2 gulf front homes starting at \$3,720,000.

My goal is to physically view new properties as they become available. If you are buying or selling, I have a "firsthand" information on our market conditions because I make it at point to get in every home as they become available.

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9 Closed Sales Going Back One Week: 4 Homes & 5 Condos

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3041 West Gulf Dr. C2 Breakers West **\$700,000** 845 East Gulf Dr. 1132 Sanibel Moorings **\$803,000** 5307 Ladyfinger Lake Rd. **\$840,000** 2445 West Gulf Dr. A-26 **\$1,350,000** 853 Tulip Dr. **\$1,735,000** 1304 Seaspray Ln. **\$4,275,000**

Have a good week and call me with any comments or questions.

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Tower Gallery Celebrates 40th Year



by Kathy Kurtz Ferrari

f a building could talk, there's an iconic house on Tarpon Bay Road that could tell a fascinating story of what happens when artistic people gather.

Tower Gallery,

an artist's cooperative housed in a charming, turquoise-painted abode, is celebrating its 40th year in 2022. And while that old-Florida cottage wasn't always the organization's home, the roots of the creative group inside have grown deep there.

Tower Gallery was established in October of 1982 at the Bell Tower Shops in Fort Myers, (which inspired its moniker.) In 1988, the gallery moved to another space at Bell Tower, and became a hub of quality artistic works and their creators in the area.

As Bell Tower began to change its character from a collection of boutiques to more national brands, artists in the co-op searched for a new home. One of the gallery's artists, Ikki Matsumoto, offered space at his Sanibel studio, in a two-story, Craftsman-style cottage he had moved from the beach to Tarpon Bay Road. In 1993, Tower Gallery moved into the garage of that house (the space later became a restaurant location).

After a year, the gallery moved into the main house, sharing it with Matsumoto and his wife, Polly.

In 1997, the Matsumotos closed their studio and Tower Gallery took over the house, sharing the upstairs for a few years with a picture framer. In 2004, a group of gallery artists and affiliates purchased the property.

Tower Gallery currently houses the work of 23 artists, along with occasional guest artists. As a cooperative, the gallery operates as an incorporated business with a board of officers. Each artist must work shifts in the gallery, helping with chores like cleaning, upkeep and other needs.

"We're all in the area. We take turns working in here. It's completely artist-run," said JoAnne Bedient, a member of the co-op since 1992 and its vice-president. "Sometimes, we have to get someone to wash the windows outside or something, but everything else is done by us.'

In order to become part of the co-op, artists' work is juried by Tower Gallery members.

'We try to keep a variety of mediums and styles so it's not all the same kind of work or it's not competition for artists, Bedient explained. "If they are accepted, they become part of the family."

While artists have a vested interest in Tower Gallery, some do have work in other places. Susan Sadler, a Tower Gallery member since 2001 and the coop's president, also co-owns Two Islands



Susan Sadler and Joanne Bedient made sure things ran smoothly

photos by Kathy Kurtz Ferrari



Christina Grote and Peter Blaze Corcoran

Gallery on Captiva. But pieces shown by artists at Tower Gallery are exclusive on Sanibel, and not shown anywhere else.

"The setting is wonderful here. It really is a great space," Sadler said of Tower.

The co-op offers customers a chance

to meet the artists who created the work. And the artists admit they enjoy meeting people who appreciate their work.

"We meet people from all over the world here, and we have collectors from all over the world," Bedient said.

"I'm international," Sadler said with a laugh.

Another added benefit Sadler finds is the encouragement and support of other artists. "We care about each other," she

"I've always felt this is kind of a greenhouse to grow artists," Bedient said, explaining that the gallery gives artists the experience they may need to expand their talents. "The more you sell, the more creative you become and the more you work.

Tower Gallery also has a history of giving back to the community. Events often include a raffle or a percentage of sales for local organizations such as FISH of SanCap, Clinic for the Rehabilitation of Wildlife and the Zonta Club of Sanibel-Captiva. The annual Art from the Attic



From left, artists Kelly Morrison, Buck Ward, Carole Nastars and Marianne Ravenna



From left, Mike Danley, Kathy Seguin, Christina Wyatt, Steve Bufter and Sarah Kiser



From left, Mary Jo Griffin, Kathryn Forslund and Marlys Stern viewing artwork

sale in October offers substantial savings on original artwork.

The gallery hosted a lively anniversary celebration on February 10 to thank the community for all the years of support.

We're thankful for our customers, Bedient stressed. "We have such loyal customers and they have really supported us. We are grateful."

Tower Gallery is located at 751 Tarpon Bay Road. Visit www. towergallery.net for more information.

Kathy Kurtz Ferrari is a journalist who splits her time between Captiva and the Boston area. Email

Frankly Speaking



by Howard Prager

et's start (and end) with another great Super Bowl. You may remember years ago when the Super Bowl commercials were the biggest reason people watched the game. Not

anymore. As befits the playoffs this year, this game went down to the wire with the Rams leaping to take the lead, only to leave the Bengals with time to tie or win it with under two minutes to go. It was not meant to be, but there was plenty of action to keep fans satisfied, and a fairly unpenalized game until the end. And now we have two years in a row when the home team both made it into the Super Bowl and won it, something that hadn't happened in the previous 54 Super Bowls before last year. Kudos to Matthew Stafford, who remained in Detroit for 12 years without anything to show for it and being traded

to the right team with the right players around him making all the difference. Here's what the Detroit Free Press reported Stafford said after the game about his former teammates and fans on the NFL Network. "It was amazing. There's no reason for them to cheer for me anymore, and the fact that they did was just a true testament to who they are as people and who they are as fans." To Cooper Kupp, who wasn't even picked out of high school to play for a college team and now has both a Super Bowl ring and MVP trophy. The Chicago Tribune reports that "Kupp joins Jerry Rice (1990), Sterling Sharpe (1992) and Steve Smith (2005) as the only players since the merger to lead the NFL in receptions, yards receiving and touchdowns in the same season (145 catches for 1,947 yards and 16 touchdowns) and win the Offensive Player of the Year. He joins Joe Montana (1989) as the only players to win that honor and the Super Bowl MVP in the same season." QB Joe Burrows brought the Bengals a long way and is young enough to repeat this in future years. One infamous moment was when Bengals cornerback Vernon Hargreaves III, who is injured and inactive for

SPORTS QUIZ

- 1. Name the 1977 Australian Open tennis champion from the U.S. who died from carbon monoxide poisoning in 1994.
- 2. What Pro Football Hall of Famer was head coach of the Buffalo Bills from 1986-97 and the team's general manager from 2006-07?
- 3. The NHL's William M. Jennings Trophy is awarded annually to players at what position?
- 4. What current NFL stadium hosted a NASCAR race on July 21, 1956?
- 5. What prize, named for an English politician and cricket patron, is awarded in Australia's first-class domestic cricket competition?
- 6. How many times did Jake LaMotta defeat boxing rival Sugar Ray Robinson in their six fights from 1942-51?
- 7. The plastic horns famously used by spectators at the 2010 FIFA World Cup soccer tournament in South Africa are known as what?

ANSWERS

I. Vitas Gerulaitis. 2. Marv Levy. 3. Goaltenders on the team with the fewest goals against. 4. Chicago's Soldier Field. 5. The Sheffield Shield. 6. One. 7. Vuvuzelas.



the Super Bowl, was penalized for celebrating with his teammates on the field after an interception in the closing minutes of the first half. He was cheering his teammates with his heart but certainly not with his head.

To the excitement of the Olympics. Erin Jackson became the first black woman to win a medal (Gold) in speedskating. She never even skated until four years ago (although was a winning in-line skater, so she was good on wheels). She said "I hope this will do something for the sport. Hopefully more people will see this and say, 'ohh, I should try a winter sport." Jackson is also the first American to win Gold in speed skating since Bonnie Blair in 1994. But what's even more remarkable is how she got here. She slipped at the U.S. trials and finished third, putting her spot in jeopardy. But a teammate also from Florida, Brittany Bowe, gave up her spot on the 500 meter team so that Erin could compete. As it happens, the U.S. had a third spot in the 500 meter race and Bowe got to skate in it too, finishing 16th. Jackson said upon seeing her after winning, "She hugged me and we cried. She said she's really proud of me, and I said a lot of thank-yous."

How about an Ólympic athlete whose college friend didn't even know she was one? Chloe Kim is an Olympic snowboarder, winning her first Gold Medal in 2018. She went to Princeton in 2019, and because of having so many people ask her for selfies, moved off campus to get away from the crowds. Yet one of her friends who she often had meals with, Christian Pollard, had no idea who Kim was. Pollard wondered why Kim didn't want to put herself in spaces like dining halls or rec rooms. When it snowed, Pollard asked Kim (who she knew was from southern California) if she had ever seen snow before, according to TIME magazine. Chloe texted her that she had seen it, and surprised her telling her that she won an Olympic Gold medal in snowboarding at age 18. She has done it again in Beijing this year. But this time Pollard isn't asking the question.

According to The Cut, "Dutch speed skater Ireen Wüst became the first athlete ever to win an individual Gold medal in five Olympics – her sixth gold medal overall. She went into the race already the most decorated speed skater of the Winter Games. At age 35, she's one of the 0.6 percent of Olympians to compete in more than four games. Wüst told *The Times* that even her professional team thought she was too old to compete again and dropped her after the 2018 competition. I wonder how they're feeling now ..."

So many of these Olympic stories are good news stories, but here's one from the Super Bowl. Aaron Whitworth of the Rams won the Walter Payton Man of the Year Award for all the work he does providing food for the needy, visiting and talking at schools, helping charities and kids. He talked about the time after playing the Detroit Lions, a player came over to see him and said how he used to spend time with him after school listening and talking. He was so inspired

that he worked hard and made it to

the NFL. Whitworth believes in being a role model to his own kids, and takes Tuesday "off days" to make a difference in the community. His wife said that when he retires from football, he's going to continue this effort. Walter (Payton) would be smiling.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments to press@islandsunnews.com.

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From page 18B

Will Power

work he'd prepare for that person.

In mid-December of my first year at this firm, which was established by John's father and uncle in 1924, Mr. Sheppard came into my office, closed the door and sat down in a chair. "Craig, you're doing fantastic! Your work product is excellent and the clients love you," he said, with a big smile. "I'm out of here at Christmas!"

"Christmas next year, right?" I stammered.

"No. Christmas."

"Two weeks from now?" I felt my face going flush.

I didn't sleep for three years thereafter, worrying that I'd somehow lose the confidence of the many clients who expected a wise man with grey hair to sit across the conference room table rather than a young, (then) dark haired guy like me. I remember one elderly client peering over his reading glasses, pausing, then asking, "How old ARE you exactly?"

On his way out the door between Christmas and New Year's, having packed up his belongings, Mr. Sheppard offered one last bit of wisdom. "Craig, the law is a jealous mistress," he said. "Don't let her take you away from your wife, your family and others who are important to you." I've taken his words to heart over the years.

I've always felt like I've never filled the shoes of John Sheppard. I'm not sure that anyone could. But having been mentored by this extraordinary man was both a privilege and an honor. May his memory be for a blessing to all who knew him.

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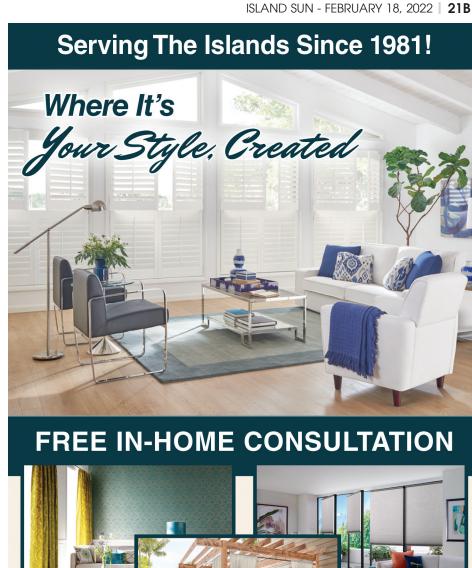
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Meditation: A Quick Way To Reduce Stress



by Julie Rosenberg, MD

editation is a mental training that enhances one's ability to develop a connection between the mind, body and spirit. The practice helps people to achieve balance,

relaxation, self-control and greater self-awareness.

I've practiced meditation for many years to better manage stress and anxiety. I can tell you firsthand – it works. I've found that spending even a few minutes in meditation per day can restore my sense of inner peace.

Anyone can practice meditation -Meditation is a relatively simple practice. It's inexpensive and does not require special equipment. Importantly, you can practice meditation wherever you are and whenever you want to do so, which makes it a highly useful tool in varied situations. For example, you can practice meditation when you're walking in nature, relaxing at home, driving in heavy traffic, or even during a business meeting.

Understanding meditation – During

meditation, you learn to focus your attention and eliminate the stream of jumbled thoughts that may typically crowd your mind and lead to stress

There are many different types of meditation and relaxation techniques with elements of meditation.

Four common ways to meditate

1. Mantra meditation – a type of meditation in which you silently repeat and focus on a calming word, thought, or phrase to prevent distracting thoughts.

2. Mindfulness meditation – based on being mindful (having an increased awareness and acceptance of being in the present moment). In mindfulness meditation, you learn to observe your thoughts and emotions, and then let them pass without judgment.

3. Guided imagery – a type of focused relaxation or meditation. Focused relaxation involves concentrating on a specific object, sound, or experience to help calm your mind.

4. Yoga – a series of controlled breathing exercises and postures designed to promote a more flexible body and calm mind.

Common features in meditation - All types of meditation have a several features in common. They include:

Focused attention. Focusing your attention helps free your mind from the many distractions that cause stress and worry.

Relaxed, diaphragmatic breathing. This technique involves deep, even-paced breathing using the diaphragm to expand your lungs and help you to breathe more

efficiently.

A comfortable position for practice. You can practice meditation whether you're sitting, lying down, walking, or in other positions or activities. Just try to be comfortable so that you can get the most out of your practice.

An open attitude. Let thoughts pass through your mind without judgment. In other words, thoughts will come; let them

Deep breathing: An everyday way to meditate – The easiest way to meditate is to breathe deeply. This technique is especially good for beginners and can be

practiced throughout the day as follows: Assume a comfortable position, either seated or lying down.

Place one hand on your belly and the other hand on your chest.

Breathe in through your nose, allowing your belly fill with air.

Holding your breath, pause for a second or two.

Breathe out slowly through your nose. Focus your attention on your breath. As you breathe in, feel your belly rise. As you breathe out, feel your belly lower. Repeat for a total of five to 10 full,

deep breaths.

Benefits of meditation – A growing body of scientific research supports the health benefits of meditation. By clearing away information overload, meditation helps you to build skills to better manage stressful situations. Meditation has been shown to improve symptoms of anxiety and depression as it helps to reduce negative emotions, increase patience and tolerance, and enhance creativity.

In conjunction with traditional medical treatments, meditation has been shown to be useful for people with chronic conditions such as heart disease. hypertension, headaches, irritable bowel syndrome and chronic pain.

In conclusion, there's no right way or wrong way to meditate. No matter how long you've been practicing meditation, it's common for your mind to wander. That's why meditation is known as a practice. Committing to a daily meditation practice (even for only two to five minutes per day) will support you in decreasing stress and achieving an enhanced state of

overall wellbeing.

Julie Rosenberg, MD, is a global healthcare leader, medical consultant and the author of two books, Beyond the Mat and Be True. For more information, visit her website at www. drjulierosenberg.com. For consulting and speaking requests, email inquiries to info@drjulierosenberg.com.\$

Grief Support

riefShare Sessions are held at Sanibel Community Church on Tuesdays from 5 to 7 p.m.

The program is open to anyone who is grieving. There is plenty of room for social distancing. Sessions feature a video, book and support.

Sanibel Community Church is located at 1740 Periwinkle Way. For more information, call Maryelle Pavelka at 850-4221 or Robert Adams at 408-569-5440.☆

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by Suzy Cohen, RPh

ear Readers:

Researching this popular herb was a lot of fun and I will share what I learned about it today. Horse chestnut is so called because every

autumn, the distinctive horseshoe-shaped imprint is left behind on the tree twigs when old leaves are shed.

Known botanically as Aesculus hippocastanum, this herb is very useful for circulation.

It contains "aescin" which you can research on your own. This compound is naturally found in high amounts in horse chestnut and is responsible for the benefits of the herb. In fact, there are a lot of studies that show aescin helps your blood vessels, edema of the legs, bulging veins and more. As for commercially prepared dietary supplements and teas, here are proposed benefits which you can talk to your doctor about:

1. Blood Thinning Properties – Horse chestnut also naturally contains a compound that thins the blood, which is good for people prone to blood hypercoagulability. This activity by horse chestnut herb makes it a little bit harder for fluid to come out of your capillaries, which in turn helps prevent water retention.

Similarly, with prescribed anticoagulant medications, the blood thinning properties of those drugs are commonly used to treat or prevent DVT (deep vein thrombosis). Leg swelling improves on those medications

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Could you use horse chestnut instead? The question should be posed to your hematologist. Keep in mind that with herbal remedies, they are not as strong as drugs, and physicians are not aware of herbal interactions, so the answer will

probably be "no."
2. Blood Clot Formation – We know that this herb can inhibit COX-2 and lipoxygenase, as well as some leukotrienes and prostaglandins. These are substances you naturally make in your body, and they are good for you right up until the point they tilt too high. Horse chestnut is useful in reducing levels of these compounds and as such helps reduce risk of dangerous blood clots.

This activities (due to aescin) are why horse chestnut is such a popular folk remedy for vein problems in the legs.

3. Venous Insufficiency – Horse chestnut is useful because it improves blood flow in the veins, which could improve leg pain, edema, calf spasm, itchy legs and heavy legs. There is a lot of research on pubmed about chronic venous insufficiency.

Side effects of the herb may occur and include dizziness, digestive upset, headache, itching or hypersensitivities. This is a good place to remind you that RAW horse chestnut seed, bark, leaf and flower contain esculin which is unsafe to

If you already take blood thinners, or if you have a blood clotting disorder (as examples DVT, venous insufficiency, thrombosis, or a platelet abnormality), horse chestnut supplements may not be right for you. The herb can further thin the blood and speak to your doctor first before taking any product containing it. If you'd like to read the longer version of this article, please sign up for my newsletter at www.suzycohen.com and I'll email it to

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. SuzyCohen.com.\\\\$

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: I have been praving for a miracle to occur but I don't know if there is a right or wrong way to pray?

A: Miracles require trust. If you trust that your prayers are sincere

and in your greater good, then you are trusting in the process that the Divine is listening and you are in alignment with the Divine flow. If you are coming from your head and not your heart, I would suggest that you dive deep down into your heart, take a nice long deep breath in and expand your chest and open your heart

And just allow. So often we become stuck in our heads and allow the left analytical brain to take over. When we operate from our heart's desire, the universe hears you and your heart can open to all possibilities.

If you believe that miracles occur, realize that they are not necessarily what we think we're asking for. Rather, the universe uses our life to manifest that which is supposed to happen for our highest good.

We may not always see that initially, however, the outcome often shows up

ISLAND SUN - FEBRUARY 18, 2022 | 23B by getting what we need at just the right

Ask the universe to send you a sign in a specific area. Pay attention to signs and when you do receive a sign, acknowledge it and give gratitude for it.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.☆

Kiwanis Club Scholarships

The Sanibel-Captiva Kiwanis Club is accepting scholarship applications for the 2022-23 school year. Scholarships in varying amounts are available. Applicants must be Sanibel or Captiva residents, or employed full-time on the islands, or a family member of such, and attending a college for an undergraduate degree or attending a vocational school. The club collects the applications and an independent committee makes the selection. The deadline for applications is March 25.

Applications are available on the Kiwanis website at www.sanibelkiwanis. org, or by contacting: MJ Hays at 579-0660 or mj@sanibelinsurance.com; Bill Traum at 671-0155 or billtraum@outlook. com; or Chris Heidrick at 579-0660 orchris@sanibelinsurance.com.☆

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Benefits Of Motion X-Ray





by Ross Hauser, MD and Marion Hauser, MS, RD

hink about how most radiologic studies are taken – while you are lying down, right? When does most pain occur? While upright and moving. A motion x-ray is an amazing tool used to visualize why you have pain and more importantly help determine the best course of treatment. We utilize DMX (digital motion x-ray) at Caring Medical and find that it is ideal for anyone who has suffered a whiplash, concussion or other neck injuries, and who has developed chronic neckrelated symptoms. DMX allows the unique opportunity to view structures that may be causing pain or other joint instability problems. DMX is particularly helpful when MRI or static x-ray shows

"nothing," yet you are still experiencing symptoms!

Some patients experience severe symptoms as a result of their spinal instabilities such as vertigo, drop attacks, radiculopathies (radiating pain down an extremity), as well as dizziness, tinnitus, ear fullness, headaches, GI distress and heart palpitations. Being able to utilize diagnostics such as DMX to show these instabilities can be life-altering, or even saving, for many people.

DMX is a movie of the bones that is taken while a person is moving. It is a dynamic diagnostic tool, versus a static one, and can be used for many joints of the body. The scan is produced in realtime, while the person is moving. Other terms for Digital Motion X-ray used in the medical literature are cineradiography or videofluoroscopy. DMX can show spinal and peripheral joint instability from ligament damage. Pain typically occurs with motion. By being able to see the bones in motion, DMX identifies the abnormal or excessive motion whereas MRI. CT scan and static x-rays do not. You could think about it this way: Static MRI is like a formal family portrait whereas DMX is the video of how your family really acts. (LOL)

When a person has joint instability, the increased motion between two adjacent bones causes excessive tension on the supporting structures and the nerve endings within those structures causing severe chronic pain. Most of the time, the injury or weakness is in the ligamentous support structures of the joints. The

primary responsibility of ligaments is to connect adjacent bones. When injured, ligaments allow excessive motion of the adjacent bones.

How does the body respond to this?

1. It swells the joint; 2. It causes muscle spasms around the joint; 3. It forms bone spurs – all of which limit motion or try to stabilize the unstable area(s).

Treatments such as cortisone shots may limit swelling, massage can relax muscles, and surgery can remove bone spurs. However, if the underlying cause of the issue is not addressed, then these treatments typically only produce temporary results. Regenerative treatments such as prolotherapy, on the other hand, given to the bone-ligament junction, will stimulate these loose, weak ligaments to heal.

This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in 1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. They can be reached at info@caringmedical.com.

Hospital Earns Award For Patient Care

The Florida Asthma Coalition is honoring Golisano Children's Hospital of Southwest Florida for being recognized as an Asthma-Friendly Hospital. The award represents Golisano Children's Hospital's efforts to create a safe and healthy environment for their patients with asthma.

This is the second time the hospital has earned the award.

The Asthma-Friendly Hospital designation is a recognition designed to improve asthma management at hospitals by reducing health risks for asthma patients, prevent and minimize asthma-related ER visits and hospitalizations, and reduce readmissions for acute severe

asthma exacerbations.

To earn this recognition, team members at Golisano Children's Hospital successfully completed multiple criteria that focused on professional development for nurses, physicians and respiratory therapists on asthma management and the creation of an asthma action plan. They also updated educational folders that they give to patients and families who are admitted for asthma to make them more robust. The Golisano Children's Hospital team also added new, kid-oriented videos to the learner iPads in the hospital.

"We are so proud of this accomplishment and all of the team's hard work to make it happen," said Holly Grimes, leader of the Golisano Children's Hospital Asthma Champion Team. "This award is further proof of our commitment to providing only the highest level of care to our patients and community members."

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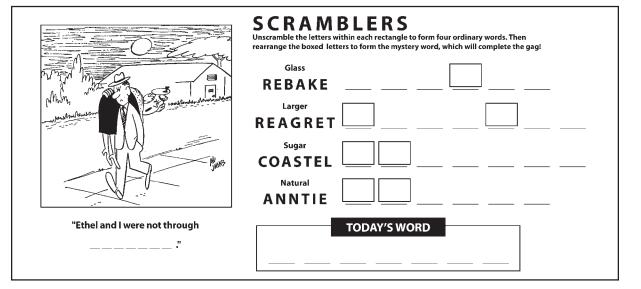
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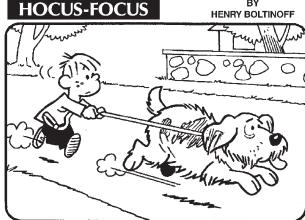
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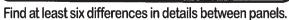
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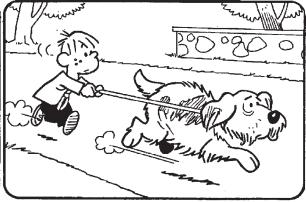
PUZZLES

Answers on page 31B









Differences: 1. Leash is shorter. 2. Tail is lowered. 3. Wall is shorter. 4. House is missing. 5. Tongue is different. 6. Front paw is hidden.

		2		4		9	8	
1			9					3
	3				7	1		
7			5	2			6	
		3		1				4
	8				9	2		
3	2			7			5	
	9				1	4		
		6	3					2

To Play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

PUZZLES

Super Crossword **DOWNSIZING** 92 Minneapolis-52 Eligible for **ACROSS** 6 Universal 38 Color 79 Active types 1 Unicellular Soc. Sec. Montreal dir. truth 39 Wall painting 81 Sometimesswimmer 53 Head honcho 93 King of CNN 7 "Amen, 44 Did it wrong jellied fish pastor!" 7 Fold in a skirt 57 Some hole **94** 1971 Elton 45 "Gigi" star - Detoo 12 Jolie of film menders John song 8 Online Caron (sci-fi droid) 20 The "R" of 59 Force unit 97 CD- — drive chuckle 46 G-man, e.g. 85 Latin for 33-Down 60 Bouffant, 100 Comical 9 Roxy Music's 47 "Quiet down" "year" 21 Actor Cox Costello Brian 49 Chances 87 Trig is a 22 Prepared for 61 Pipe joint **101** Just OK 10 Put holy oil 50 New Mexico prereq for it 88 Ending for — Yello 102 Microwaves skiing spot storage, as a 11 Manuscript hose (Coca-Cola 103 Bacterium, 54 Lethargy buck or stink 23 Endlessly brand) mistakes 55 "You got that 89 Spew lava 109 Blissful repeating 64 China's 12 King beater right!" 90 Being **56** Floral symbol programming Zhou — 110 "General" 13 Nonverbal amorous, to problem 68 Sharon of of Chinese "ves" of purity Brits 14 Knife of old 58 Former 95 Jerusalem's 25 Fashion "Cagney & cuisine designer Lacev' 111 Miracleinfomercials "Top Chef" nation: Abbr. 96 Darth Vader, in "The 69 M114 (plant food) 15 Pass, as time judge Incredibles' howitzer, e.g. 112 Vocalist 16 French racing 59 Rounded as a kid 98 Rococo 26 Hwy. felony 72 Prickly shrub Sumac roof **17** "Upon my 27 Man-mouse **75** Occurrence 115 Not together 63 "P.S. I -99 Watery silks U" (old TV middle **76** — d'Or **118** 2. for helium word!' 101 Whiskey type 18 "David" and 28 What iPads (Cannes 123 Like rags show) 103 Political run on award) 124 Follow. "The Thinker" 65 They may be hostess 19 Imitating glossed over 30 "Boston 77 G-man, e.g. as a Perle pointer 66 Carte lead-in 104 Thoughts Legal" actor 80 Cousin's sorts James mommy 125 Join a force 24 Prefix with 67 "You got that 105 Injury marks 31 Higher, 82 Actresses 106 Singer Haves 126 Evaluates state riaht!' 69 "Joey" star 29 Make afraid Carrere and 127 Partner of spiritual level 107 Bow's shape of awareness Mowry Cheech 32 Fake fat in LeBlanc 108 Tune for nine 38 Get a whiff of 84 "Look here 128 Chinese 70 Anxious some chips 113 Fit together 33 Kind of 114 Beginner's 71 Make **40** Lift to check as well," in system of the weight of a reference calisthenics camera, in revisions to painting 41 Gig hookup 72 Farm bundle class book brief DOWN 34 Just-OK 116 Pipe joint 42 PC key abbr. 86 1931 73 Lay waste to crime film 1 Quite dry 117 Mag staff 43 Flicitor of grade 74 Picks off, as 35 — a mile (not 2 Bill of fare 119 Western tribe a major starring a pass Edward G. "Whew!" 3 She may be 77 Lighter even close) 120 Sun.-Tue. link 36 "Yes, sign me 46 Zodiac ram catchphrase 121 Article in Robinson a gofer 4 Wallach of 48 Truckload 90 — Juan in old ads Argentina up" 37 14-member 78 Lauder of 122 1.051, in old 91 Late hours, in 51 Basso solo. "Lord Jim" 5 Actor Affleck fragrances Rome e.q. ads oil ap. 12 10 111 12 13 14 15 16 18 20 22 23 25 26 28 30 36 43 45 44 46 51 52 53 54 56 55 57 58 60 61 62 63 64 65 66 68 70 72 73 76 77 | 78 80 83 86 91 88 92 93 94 102 100 101 103 104 107 | 108 109 110 112 113 114 116 117 119 120 121 | 122 123 125 124 126 127 128

King Crossword

ACROSS "Keep it down!' 4 Tax pro 15 16 Whizzes (by) 12 Horse chow 18 19 13 Owned 20 14 Fmanations 15 Shred 16 Pennsylvania 32 18 Guitar's kin 19 Symbol of freshness 38 42 20 Lancaster or Reynolds "Blue Bloods" 48 49 52 airer 23 Fly high 55

55 Packed away 56 "The Dapper Don"

54 Kimono sash

34 Hilo hello Snowman's 57 Fixed 58 Snake's nose

37 Links org. 38 Prop for Dr. House

27 Flamenco

cheer

29 Oliver Twist.

31 French com-

poser Gabriel

for one

35

39 Devilish laugh 41 Body powder 45 "I'm with

vou!" 47 Meadow

48 Pennsylvania city 52 Conditions

53 Boredom

sound **DOWN**

56

1 Bush 2 Japanese verse

3 High-strung 4 Sudan neighbor

> 5 Royal home 6 Extemporize 7 Madcap

8 "Shoo!" org. 9 Acapulco gold 32 Small battery

58

10 Gullet 33 Coffee vessel Capitol Hill 36 Biblical pro-VIP

57

noun 17 Old U.S. gas 37 "Friends" role 40 Community brand 21 Baseball

spirit 42 Fake name manager Joe 23 Pie-in-the-43 Some jabs face sound 44 Attorney's

24 Discoverer's load call 45 Roman 1052 25 Satisfied sigh 46 Skip

26 Genetic letters 48 Plead 28 Summer sign 49 Rock's Brian

30 Cleaning cloth 50 Potent stick

31 TV watchdog 51 Shack

BLACKJACK MAGIC MAZE TERMS

F Y W T R P M K P I F D B Y X REDNERRUSDWUS OEMK(INSURANC F L D B H O A Z X W S U N G LWARDCYOOONLAN J H A E E E F D T N C A Y T WVTRLDGOINGBUS SOPOUBNSLLEKIHT E H C B T A Z P Y W W V U E ROPNCATSMHITLB IHGNITNUOCDRAC

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally Unlisted clue hint: Player Takes no more Cards

Betting box Card counting Casinos Dealer

Draw Going bust Hit Hole card

Insurance Natural Push Split

Surrender Table Twenty-one

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FRIDAY Partly Cloudy High: 74 Low: 65



SATURDAY Partly Cloudy High: 75 Low: 68



SUNDAY Partly Cloudy High: 73 Low: 64



MONDAY Cloudy High: 72 Low: 65



TUESDAY Few Showers High: 69 Low: 60



WEDNESDAY Partly Cloudy High: 68 Low: 61



THURSDAY Sunny High: 69 Low: 60

Redfish Pass Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	1:26 am	8:08 am	2:38 pm	7:45 pm
Sat	2:11 am	8:33 am	2:55 pm	8:35 pm
Sun	3:01 am	8:57 am	3:18 pm	9:32 pm
Mon	4:00 am	9:20 am	3:46 pm	10:37 pm
Tue	5:17 am	9:39 am	4:20 pm	11:56 pm
Wed	7:28 am	9:35 am	5:03 pm	None
Thu	5:59 pm	1:28 am	None	None

Point Ybel Tides

Day	<u>High</u>	Low	<u>High</u>	Low
Fri	12:31 am	8:10 am	1:43 pm	7:47 pm
Sat	1:16 am	8:35 am	2:00 pm	8:37 pm
Sun	2:06 am	8:59 am	2:23 pm	9:34 pm
Mon	3:05 am	9:22 am	2:51 pm	10:39 pm
Tue	4:22 am	9:41 am	3:25 pm	11:58 pm
Wed	6:33 am	9:37 am	4:08 pm	None
Thu	5:04 pm	1:30 am	None	None

Punta Rassa Tides

Day	<u>High</u>	Low	<u>High</u>	Low
Fri	1:03 am	8:22 am	2:28 pm	8:18 pm
Sat	1:44 am	8:51 am	2:50 pm	9:02 pm
Sun	2:44 am	9:16 am	3:03 pm	9:47 pm
Mon	3:58 am	9:39 am	3:21 pm	10:39 pm
Tue	5:15 am	9:58 am	3:51 pm	11:54 pm
Wed	6:44 am	10:11 am	4:32 pm	None
Thu	8:12 am	1:27 am	5:29 pm	10:16 am

Cape Coral Bridge Tides

Day	<u>High</u>	Low	<u>High</u>	Low
Fri	3:36 am	11:24 am	4:48 pm	11:01 pm
Sat	4:21 am	11:49 am	5:05 pm	11:51 pm
Sun	5:11 am	12:13 pm	5:28 pm	None
Mon	6:10 am	12:48 am	5:56 pm	12:36 pm
Tue	7:27 am	1:53 am	6:30 pm	12:55 pm
Wed	9:38 am	3:12 am	7:13 pm	12:51 pm
Thu	8:09 pm	4:44 am	None	None

My Stars *** FOR WEEK OF FEBRUARY 14, 2022

Aries (March 21 to April 19) A close friend or relative has news that can change some of your plans. Be flexible. You could be in for a most-pleasant surprise at how things turn out.

Taurus (April 20 to May 20) A new opportunity opens just as you close the door on an earlier project. However, you should be prepared to make adjustments in your expectations.

Gemini (May 21 to June 20) Expect a surprise ally in your corner when you confront a still-uncertain situation in your workplace. In your personal life, a family member has good news.

Cancer (June 21 to July 22) A co-worker could resent what he or she might perceive as arrogance on your part. Smooth things over with a full explanation to avoid a serious misunderstanding.

Leo (July 23 to August 22) There is no time for catnaps this week. A workplace problem needs your attention

before it gets out of hand. Ditto a financial matter that must be resolved as soon as possible.

Virgo (August 23 to September 22) Pressuring someone to act quickly on a problem could backfire. It makes good sense to be both patient and supportive if you want full cooperation.

Libra (September 23 to October 22) A touch of uncertainty lurks in your aspect this week. Weigh all decisions – personal and professional – even more carefully than you usually do.

Scorpio (October 23 to November

21) You need to use your innate good sense to help you sort through career offers that might not be what they appear. A trusted associate can help.

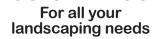
Sagittarius (November 22 to December 21) Things move along more smoothly at work, but a personal relationship presents some challenges that need close attention.

Capricorn (December 22 to January 19) Positive observations resolve the last lingering doubts about a recent move. Now you need to work on that still-pesky problem with a

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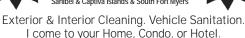
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loved one.

Aquarius (January 20 to February 18) You might be a generous soul, but avoid being taken advantage of by those who have their own agendas. If you have any doubts, get out before regret sets in.

Pisces (February 19 to March 20) Your strength might be tested by conflicting priorities in your personal life. Weigh the facts and then make the only choice you can: the right one.

Born This Week: You have a deep sense of honesty and spirituality. People instinctively put their trust in you to lead them to the light.

MOMENTS IN TIME

- On Feb. 27, 1860, President Abraham Lincoln poses for the first of several portraits by noted Civil Warera photographer Mathew Brady. A relatively new art form, the photograph (or daguerreotype) showed a beardless Lincoln just moments before he delivered an address at Cooper Union.
- On Feb. 23, 1885, a 19-year-old man named John Lee is sent to the gallows in Exeter, England, for the murder of a rich, older woman.

However, the gallows equipment malfunctioned three times and Lee was not dropped. He was then sent back to prison.

- On Feb. 25, 1890, Vlacheslav Skryabin, foreign minister for the Soviet Union who took the revolutionary name Molotov, is born in Russia. Molotov advocated the use of throwing bottles filled with flammable liquid and stuffed with a lit rag, and the famous "Molotov cocktail" was born.
- On Feb. 26, 1903, Alexander Winton, driving his Winton Bullet, sets the first speed record ever achieved at Daytona Beach, Florida. Built in 1902 the *Bullet Number 1* drove a measured mile at over 65 mph.
- On Feb. 22, 1946, George Kennan, the temporary American ambassador in Moscow, sends an 8,000-word telegram to the Department of State detailing his views on the Soviet Union, and U.S. policy toward the communist state. Kennan's analysis provided one of the most influential underpinnings for America's Cold War policy of containment.
- On Feb. 21, 1952, men's figure skater Dick Button wins his second

Olympic gold medal. Button captured his first gold prize at the 1948 Olympics, becoming the first American to ever take home the men's title. Button retired from amateur skating in 1952 and went on to perform with the Ice Capades as well as graduate from Harvard Law School.

• On Feb. 24, 1969, after a North Vietnamese mortar shell rocks their Douglas AC-47 gunship, Airman First Class John L. Levitow throws himself on an activated flare and tosses it out of the aircraft just before it ignites. For saving his fellow crewmembers and the gunship, Airman Levitow was later awarded the Medal of Honor.

NOW HERE'S A TIP

- If your dog likes a treat of moistened dry food from time to time, use the water from cooking vegetables. It has a bit of flavor and some vitamins, too!
- "A tip for banana peels: Dry until crispy and break into small pieces. Put in blender and blend to powder. Store in an airtight container to sprinkle around base of houseplants before watering. Orchids love them it's great

free fertilizer." – BC in New Hampshire

- "Unmatched socks are handydandy cleaners and have so many uses. Keep one by the dryer to get all the lint off the trap. Shake it out or pop it into the wash when needed.
- If you have lots of outdoor or feral cats in your area, here is some good advice, given to me by my grandmother: Start your car with a bang on the hood, that is. When the overnight temperature dips, cats know to find someplace that is wind-shielded and off the ground, and sometimes that means they will climb up into your engine area to hunker down. If your car starts while they're there, they can be hurt or even killed. Give the hood a good knock to let a cat know to get out quick. JoAnn
- "After you've cleaned out the gliders of your sliding-glass door, run over the parts with a little paraffin wax It will protect the moving parts and quiet the door." PJ in Oregon
- If you have trouble threading a needle because the fibers seem to go in all directions, here's a tip from TI in Illinois: Stiffen the end of thread with continued on page 30B

PROFESSIONAL DIRECTORY

BUILDING AND DESIGN



TREE TRIMMING, ARBORIST





HOME SERVICES



ROCK, MULCH, PLANTS



CLEANING SERVICES



AIR CONDITIONING



www.ALLIEDAIR.BIZ | (239) 217-4111

CLEANING



Lee County Domestic Animal Services

Flower And Harold

ello, my name is Flower. I am a gray 6-yearold female pit bull mix that is looking for love this February. Nothing says love more than flowers, or more specifically one Flower in particular. I am as sweet as they come and will give



Flower ID# A904975 photos provided

you unconditional love and loyalty as your faithful companion. I am a definite cuddler and loves belly rubs. My adoption fee is \$14.

Hi. I'm Harold. I am a brown tabbu 2-year-old male domestic shorthair. I am petite, may have a common name, but I certainly do not have a common

personality. Í am a frisky feline that loves to play and will let you know when I am ready for some attention. I will bounce around the cat room chasing my cat toys and entertaining everyone. If you are looking for a fun-loving pet, I am the one for you. My adoption fee is \$14.



Harold ID# A906865

Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. Visit www.leelostpets.com to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call *533-7387.*☆

From page 29B

Now Here's A Tip

hairspray before threading a needle.

STRANGE BUT TRUE

- In 2009 the British zombie movie Colin, on which writer/director Marc Price spent 18 months and a whopping \$70, won an award at the renowned Cannes Film Festival.
- Further on the subject of zombies, their fans are known as zombopiles, while fear of the ghoulish creatures is known as kinemortophobia.
- Nineteen-year-old Jonathan Parker, of Fort Loudoun, Pennsylvania, was charged with burglary after stealing two diamond rings and using the computer in his victim's house to check his Facebook profile, forgetting to log off from the site.
- Vikings believed a goat in Valhalla supplied an endless supply of beer from its
- A football's shape (prolate spheroid) is that of an inflated pig's bladder, which is what the first footballs were made of.
- The 1934 mystery novel Cain's Jawbone by Edward Powys Mathers is printed with its 100 pages out of order. To solve the mystery, readers must determine the correct page order and the names of the six murderers and six victims. The mystery has only ever officially been solved

by four people.

- Researchers in Japan have fitted a train with a speaker that barks like a dog and snorts like a deer in order to prevent collisions with deer on the railway.
- Canadian radio stations are required by law to play Canadian artists on the airwaves at least 35 percent of the time.
- The Windows XP default background image of rolling green hills known as "Bliss" was historically a vineyard. The vines were taken out a couple years before the photo was taken due to a pest infestation.

THOUGHT FOR THE DAY

"When one door of happiness closes, another opens, but often we look so long at the closed door that we do not see the one which has been opened for us." - Helen

TRIVIA TEST

- 1. **Mythology**: In Roman mythology, Cupid is the god of love. What's the name of the Greek god of love?
- 2. Movies: Which movie series features a character named Inspector Clouseau?
- General Knowledge: What is the basic currency used in Greenland?
- 4. **History**: What was the first toy to be advertised on U.S. television?
- 5. **Measurements**: What is the unit of measurement used to gauge the speed

CLASSIFIED

COMMERCIAL RENTAL

OFFICE SPACE AVAILABLE

Office Spaces for Rent on Sanibel Various sizes Can be storage 239-989-1327

RENTAL NEEDED

RENTAL NEEDED - SANIBEL

House or condo, 2x2 minimum (pool preferred), close to beach. Four months (or more) starting December 1, 2022. Retired couple; on island now. Call, text or email: 518-376-9061; hpnmw@aol.com

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2427 Periwinkle Way Sanibel, FL 33957 Local: (239) 472-6385 Toll Free: (800) 472-5385 Fax: (239) 472-5858 www.cottages-to-castles.com 1/26 ★ TFN

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GOLF CART REPAIRS

Mobile Service Calls - We come to you! Annual & Monthly Maintenance Plans 239-500-CART Service@sanibel-carts.com 12/24 **3** 3/11

SERVICES OFFERED

SANIBEL ISLAND HOME WATCH SERVICES

239-233-2152 11 Years Servicing Sanibel First Visit Free 12/3 * 2/18

ROGER NODRUFF ELECTRIC

Dock Lighting, affordable LED conversion. FPE panel replacement, Landscape Lighting. Generator Sizing, etc, etc, etc. Call or text Roger 239-707-7203 State License #13002788

HELP WANTED

VOLUNTEER DRIVER WANTED

Volunteer driver wanted to drive post stroke elderly woman to medical appointments. Now through March. 239-472-0906

RECEPTIONIST

Receptionist needed part time for professional island office. Sundays and Mondays. \$16 per hour. Send resume to cayocosta@earthlink.net.

HELP WANTED

HOSTS/HOSTESSES

The Timbers Restaurant and Fish Market is hiring Hosts/Hostesses. Greet and seat quests, answer phones and take to go orders. Call 472-3128 for appointment.

SALES ASSOCIATE SANIBEL FLIP FLOPS

Now Hiring Sales Associate Come Join Our Team sanibelflipflos@comcast.net 305-905-3415

NOW HIRING-HELP WANTED

Heidrick & Co. Insurance is hiring for two full-time positions in our busy, Sanibel office. Please visit our website at www.sanibelinsurance.com/aboutus/careers for details

LIQUOR STORE

Sanibel Spirits in Jerry's Plaza 1700 Periwinkle Way, Sanibel Full Time/Part Time Competitive salary for friendly, prompt and courteous people with retail clerk experience Days/Evenings/Weekends Bridge Tolls Paid Apply in person 2/11 ★ 2/25

HELP WANTED

CAREGIVER

We are seeking a caregiver for an elderly woman with experience, for two 24 hour shifts every other week and PRN (as needed). Must be caring and compassionate, and able to complete personal care tasks like bathing, dressing, eating, grooming and daily med intake. Also assist with physical transit. Contact Lisa 239-395-0153.

FULL/PART-TIME SALES ASSOCIATE

Sanibel Sole is seeking an additional sales associate to join our great team! We have expanded in the Tahitian Gardens plaza and offer a wide variety of clothing and footwear. We offer competitive wages, benefits, and perks. No evenings required. Please email a resume to sanibelsole@gmail.com.

FICTITIOUS NAME

FICTITIOUS NAME

NOTICE IS HEREBY GIVEN that the undersigned, desiring to engage in business under The fictitious name of Planet-E Window, Gutter & Pressure Washing, located in Lee County, FL, with an address of North Fort Myers, 33917 has registered said name with The Division of Corporations of the Department of State, Tallahassee, Florida. Dated the day of January 30 2022. Matthew Gould

To advertise in the Island Sun and The River Weekly News, call 395-1213

and direction of a computer mouse?

- 6. **Geography**: Which U.S. territory's unofficial slogan is "Where America's Day Begins"?
- 7. **Television**: What is the longest running scripted TV series?
- 8. U.S. Presidents: Which president campaigned for election with the slogan "Happy Days Are Here Again"?
- 9. **Language**: In British English, what is a windcheater?
- 10. **Anatomy**: What part of the human brain controls hunger?

TRIVIA ANSWERS

9. A windbreaker 10. Hypothalamus. Simpsons 8. Franklin Roosevelt (1932) the International Date Line 7. The second 6. Guam, whose location is near krone 4. Mr. Potato Head 5. Mickeys per 1. Eros 2. The Pink Panther 3. Danish

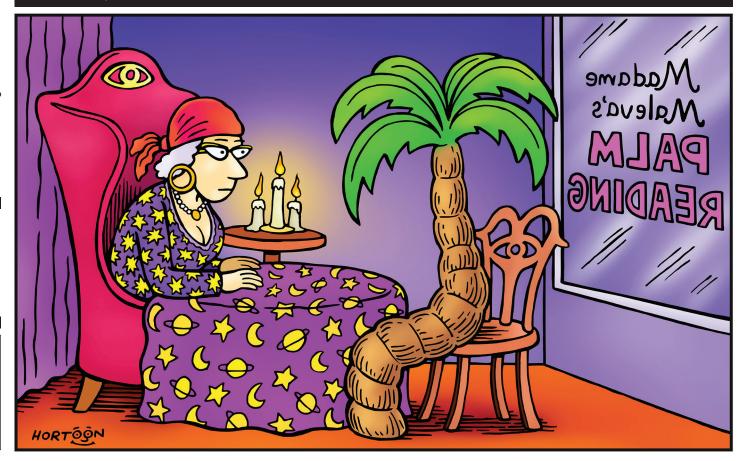
SCRAMBLERS ANSWER

- 1. Beaker 2. Greater
- 3. Lactose; 4. Innate

Today's Word

TALKING

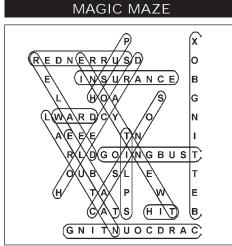
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PUZZLE ANSWERS

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Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Seaspray Subdivision	Sanibel	1997	3,268	\$4,695,000	\$4,275,000	137
Spring Ridge	Bonita Springs	1997	5,244	\$3,849,000	\$3,849,000	9
Shell Harbor	Sanibel	1971	2,583	\$2,999,999	\$2,900,000	0
Fort Myers	Fort Myers	2003	5,800	\$2,950,000	\$2,875,000	102
York Manor	Fort Myers	1941	6,450	\$2,650,000	\$2,600,000	1
Renaissance	Fort Myers	2008	4,876	\$2,499,000	\$2,433,300	8
Esplanade Lake Club	Fort Myers	2020	3,002	\$2,350,000	\$2,350,000	0
Riverbrooke	Estero	2004	4,223	\$2,650,000	\$2,225,000	158
Beachview Country Club Estates	Sanibel	2001	4,107	\$2,295,000	\$2,200,000	172
Cape Coral	Cape Coral	2017	5,222	\$2,395,000	\$2,150,000	28

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 Chef's Kitchen, Large Wine Cellar

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MLS 222003912 \$2,150,000 Trevor Nette 239.281.4435

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\$1,749,000 MLS 222003255 Jason Lomano 239.470.8628



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- Small Beach Community

MLS 221016939

John Nicholson, McMurray & Members 239.849.3250



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MLS 221084901 \$1,600,000 Maureen Ahmed 239.839.7250

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490 SEA OATS DR., SANIBEL

Premier Near Beach Vacant Lot

• Steps to Beach, Across W. Gulf Drive MLS 222007377

Trevor Nette 239.281.4435





15261 CAPTIVA DR., CAPTIVA

- 4 BR, 4.5 BA, Deep Water Dock w/Lift
- Stofft Cooney Design, Waterfront Oasis \$10,995,000 MLS 220019253

McMurray & Members 239.850.7888



3767 W. GULF DR., SANIBEL

- Newer Construction, Gorgeous Interior
- Wine Room, Elevator, Game Rooms
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CAPTIVA ISLAND



17201 CAPTIVA DR., CAPTIVA

Trevor Nette 239.281.4435

- Private Beach & Bay, Dock & Lift
- Pool/Spa, Gated, Elevator, Generator
- \$5,650,000 MLS 221078264



4322 W. GULF DR., SANIBEL

- Near Beach, 4 BR, Pool, Over 1 Acre
- New Counters, SS, Wood Floors, Vaulted Ceilings

MLS 222000297 \$3,295,000

Jason Lomano 239.470.8628

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- Private Garage, Huge Screened Lanai, Turnkey
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15051 PUNTA RASSA RD. #407, SANIBEL

- 10' x 14' x 40' Dry Boat Storage
- Quick Access to Gulf

MLS 221066436 Tracy Walters 239.994.7975